

# I TRAIL CIUDAD DE A CORUÑA - #CASTREXOSCORREMOS

## VET A

P.CAT.	NUMBER	PARTICIPANTE	SEXO	CATEGORIA	CLUB	TIEMPO VUE 1	TIEMPO VUE 2	META	
1	291	TOURIS FORNOS JAVIER	MALE	VET A		00:21:47	00:22:45	00:44:31	04:03 min/Km
2	251	RODRIGUEZ PAZ ALEXANDRE	MALE	VET A	CLUB TRIATLON MORRAZO	00:23:14	00:23:35	00:46:49	04:16 min/Km
3	274	SEOANE PUGA JAVIER	MALE	VET A	ATLETISMO RIAZOR CORUÑA	00:24:44	00:23:10	00:47:54	04:22 min/Km
4	189	MELLA SANCHEZ PABLO	MALE	VET A	O CARROUCHO	00:25:26	00:26:17	00:51:43	04:43 min/Km
5	69	COUTO NAYA DIEGO	MALE	VET A	MAISTROTE	00:25:28	00:26:25	00:51:53	04:43 min/Km
6	47	CARRIL BREA ALEJANDRO	MALE	VET A	EGOVARROS-VIVEIRO	00:25:47	00:26:35	00:52:21	04:46 min/Km
7	6	ÁLVAREZ DE SOTOMAYOR PUGNAIRE JUAN	MALE	VET A	CLUB TRIATLÓN CORUÑA	00:25:41	00:26:58	00:52:39	04:48 min/Km
8	70	CRESPO CENDAN JOSE MANUEL	MALE	VET A	INDEPENDIENTE	00:26:46	00:26:12	00:52:57	04:49 min/Km
9	58	CASTRO SEGADE MARCOS	MALE	VET A		00:27:03	00:25:55	00:52:58	04:49 min/Km
10	276	SEXTO RIVAS GUSTAVO	MALE	VET A	AD. CERNE	00:26:38	00:26:28	00:53:05	04:50 min/Km
11	172	LOURO VILARIÑO RICARDO	MALE	VET A	PEÑA CICLISTA MONTE XALO	00:26:28	00:26:50	00:53:18	04:51 min/Km
12	260	RUIZ ALARCÓN ROMÁN	MALE	VET A		00:27:19	00:26:39	00:53:57	04:55 min/Km
13	203	OLVEIRA MIRANDA MARCOS	MALE	VET A		00:26:16	00:27:53	00:54:09	04:56 min/Km
14	289	TEJO GARCÍA DIEGO	MALE	VET A	HÉRCULES TERMARIA	00:26:42	00:27:42	00:54:24	04:57 min/Km
15	196	NIKOLOV NIKOLOV STOIL	MALE	VET A		00:26:54	00:27:38	00:54:32	04:58 min/Km
16	242	ROCA RODRIGUEZ JOSÉ MANUEL	MALE	VET A	-----	00:26:24	00:28:19	00:54:43	04:59 min/Km
17	147	LAMAS DÍAZ DAVID	MALE	VET A		00:26:32	00:28:22	00:54:54	04:60 min/Km
18	117	GARCÍA GALLEGO TOMÁS	MALE	VET A	ZAPATILLA VELOZ	00:26:49	00:28:21	00:55:09	05:01 min/Km
19	35	BREGUA DALMEDA JAVIER	MALE	VET A		00:27:40	00:27:34	00:55:13	05:02 min/Km
20	4	ALONSO SÁNCHEZ MIGUEL ÁNGEL	MALE	VET A		00:27:08	00:29:00	00:56:08	05:07 min/Km
21	190	MENDEZ RAFAEL	MALE	VET A		00:27:32	00:28:48	00:56:20	05:08 min/Km
22	202	NUÑEZ POL FERNANDO	MALE	VET A		00:28:06	00:28:21	00:56:27	05:08 min/Km
23	61	CID SANMARTIN ROBERTO	MALE	VET A	CLUB TRIATLON CORUÑA	00:26:15	00:30:20	00:56:34	05:09 min/Km
24	9	ALVEDRO FERNANDEZ CARLOS	MALE	VET A		00:28:30	00:28:08	00:56:38	05:09 min/Km
25	218	PERRAMON BONIGNO MARC	MALE	VET A		00:27:57	00:28:54	00:56:51	05:11 min/Km
26	13	ARES CHAO SERGIO	MALE	VET A		00:28:11	00:28:56	00:57:06	05:12 min/Km
27	176	MARTINEZ DEL RIO RUBEN	MALE	VET A	DREAMTEAM	00:28:16	00:29:04	00:57:20	05:13 min/Km
28	62	CIMARRAS IGLESIAS ÁLVARO	MALE	VET A		00:28:14	00:29:13	00:57:26	05:14 min/Km
29	161	LOPEZ JACOME ALVARO	MALE	VET A		00:28:25	00:29:06	00:57:31	05:14 min/Km
30	101	FLORES LOJO MIGUEL	MALE	VET A		00:28:27	00:29:06	00:57:33	05:14 min/Km
31	204	OTERO CERVERO IVAN	MALE	VET A		00:28:50	00:28:44	00:57:34	05:14 min/Km
32	206	PANIAGUA FERNANDEZ JOSE LUIS	MALE	VET A		00:27:47	00:29:48	00:57:34	05:14 min/Km
33	112	GARCIA CARPINTERO DIAZ ANTONIO	MALE	VET A		00:28:50	00:28:46	00:57:35	05:15 min/Km

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## VET A

P.CAT.	NUMBER	PARTICIPANTE	SEXO	CATEGORIA	CLUB	TIEMPO VUE 1	TIEMPO VUE 2	META	
34	213	PEDRE VAZQUEZ MANUEL	MALE	VET A	NOSPORTLIMIT TREK GALICIA	00:28:08	00:29:32	00:57:40	05:15 min/Km
35	138	HERVA MÍGUEZ JAVIER	MALE	VET A	LANGOSTEIRA XTRAIL	00:28:03	00:29:40	00:57:43	05:15 min/Km
36	150	LENCE PAZ MAURICIO	MALE	VET A		00:28:46	00:28:58	00:57:44	05:15 min/Km
37	64	COLLADO PAMPÍN FRANCISCO JOSE	MALE	VET A	NO SPORT LIMIT	00:29:35	00:28:21	00:57:55	05:16 min/Km
38	143	JUVIÑO PREGO ANGEL	MALE	VET A	DREAMTEAM	00:28:39	00:29:32	00:58:10	05:18 min/Km
39	130	GONZALEZ TOURIÑAN MARCOS	MALE	VET A		00:30:30	00:28:31	00:59:01	05:22 min/Km
40	54	CASTELO SANCHEZ ALBERTO	MALE	VET A	C.C.RIAZOR	00:28:41	00:30:23	00:59:03	05:23 min/Km
41	148	LAMELA VALDOMAR IVAN	MALE	VET A		00:29:24	00:29:40	00:59:03	05:23 min/Km
42	207	PAPIOL GÓMEZ JORDI	MALE	VET A	CLUB ATLETISMO CORUÑA COMARCA	00:29:23	00:29:41	00:59:03	05:23 min/Km
43	263	SAEZ RODRIGUEZ DAVID	MALE	VET A		00:29:44	00:29:20	00:59:04	05:23 min/Km
44	59	CASTRO SEGADE VÍCTOR	MALE	VET A	A.D.CERNE	00:29:37	00:30:41	01:00:17	05:29 min/Km
45	75	DEL POZO SANCHEZ IAGO	MALE	VET A		00:30:55	00:29:28	01:00:22	05:30 min/Km
46	26	BLANCO GARCIA CELSO	MALE	VET A	HÉRCULES TERMARIA	00:30:02	00:30:37	01:00:38	05:31 min/Km
47	265	SANCHEZ ABRUÑEDO CHISCO	MALE	VET A		00:29:45	00:30:54	01:00:38	05:31 min/Km
48	44	CARMONA MIRANDA IVÁN MANUEL	MALE	VET A		00:29:59	00:30:41	01:00:39	05:31 min/Km
49	118	GARCIA GARCIA GERARDO	MALE	VET A		00:30:08	00:30:33	01:00:41	05:31 min/Km
50	294	VARELA GARCIA FCO JAVIER	MALE	VET A	LIBRE	00:28:55	00:31:57	01:00:51	05:32 min/Km
51	188	MEJUTO VALCARCEL ROBERTO	MALE	VET A	INDEPENDIENTE	00:30:00	00:31:12	01:01:11	05:34 min/Km
52	115	GARCÍA FIUSA JUAN	MALE	VET A		00:30:12	00:31:53	01:02:05	05:39 min/Km
53	170	LOUREIRO OTERO PABLO	MALE	VET A	NOSPORTLIMIT-TREK GALICIA	00:31:42	00:30:44	01:02:25	05:41 min/Km
54	156	LÓPEZ CASTELO MIGUEL	MALE	VET A		00:30:16	00:32:17	01:02:33	05:42 min/Km
55	155	LOPEZ CAINZOS JAIME	MALE	VET A		00:30:17	00:32:40	01:02:56	05:44 min/Km
56	277	SINES CRESPO FERNANDO	MALE	VET A	CLUB SOCIAL BANCO PASTOR	00:31:02	00:31:57	01:02:58	05:44 min/Km
57	217	PEREZ OSUNA ROBERTO	MALE	VET A	NOSPORTLIMIT TREK GALICIA	00:31:27	00:31:43	01:03:09	05:45 min/Km
58	268	SANCHEZ OTERO ANTONIO	MALE	VET A	AS VELLAS NON PARAMOS	00:30:53	00:32:17	01:03:10	05:45 min/Km
59	45	CARREIRA GARCIA XENE	MALE	VET A	WITL	00:31:40	00:31:55	01:03:34	05:47 min/Km
60	127	GONZÁLEZ BLANCO JUAN	MALE	VET A		00:31:01	00:32:41	01:03:41	05:48 min/Km
61	76	DELMAS COSTA MIGUEL	MALE	VET A	HÉRCULES TERMARIA	00:31:52	00:31:58	01:03:49	05:49 min/Km
62	166	LÓPEZ ULLOA JACOBO	MALE	VET A		00:31:54	00:31:56	01:03:50	05:49 min/Km
63	66	CORRAL IRIARTE ALEX	MALE	VET A	CLUB DE MONTAÑA 'O CARROUCHO	00:29:45	00:34:21	01:04:05	05:50 min/Km
64	220	PETEIRO GRAÑA FRANCISCO	MALE	VET A	CLUB SOCIAL BANCO PASTOR	00:31:46	00:32:19	01:04:05	05:50 min/Km
65	152	LODEIRO LOPEZ CARLOS	MALE	VET A		00:31:14	00:32:53	01:04:06	05:50 min/Km
66	286	TABOADA BARREIRO JUAN MANUEL	MALE	VET A		00:30:39	00:33:43	01:04:21	05:51 min/Km

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## VET A

P.CAT.	NUMBER	PARTICIPANTE	SEXO	CATEGORIA	CLUB	TIEMPO VUE 1	TIEMPO VUE 2	META	
67	222	PONTE NOYA ROBERTO	MALE	VET A		00:31:38	00:32:53	01:04:30	05:52 min/Km
68	56	CASTIÑEIRA ALVAREZ IVAN	MALE	VET A	MAISTROTE	00:32:26	00:32:15	01:04:40	05:53 min/Km
69	224	QUINTAS MACEIRAS JOSE CARLOS	MALE	VET A		00:31:48	00:33:04	01:04:51	05:54 min/Km
70	52	CASCALLANA NOVO ALBERTO	MALE	VET A		00:33:12	00:31:46	01:04:57	05:55 min/Km
71	231	RAÑA BOUZA DIEGO	MALE	VET A		00:31:51	00:33:13	01:05:04	05:55 min/Km
72	281	SUÁREZ AGRA SANTIAGO	MALE	VET A	FAICAMIÑO	00:33:12	00:31:54	01:05:05	05:55 min/Km
73	214	PEÑA GONZÁLEZ QUIQUE	MALE	VET A	PATUKOS TIM RANIN	00:33:19	00:31:47	01:05:05	05:55 min/Km
74	63	COELLO PENA-MANSO TOMAS	MALE	VET A		00:31:44	00:33:53	01:05:37	05:58 min/Km
75	250	RODRÍGUEZ LÓPEZ FRAN	MALE	VET A		00:31:44	00:33:54	01:05:37	05:58 min/Km
76	82	DOCAMPO DIAZ FRANCISCO	MALE	VET A	CLUB TRIATLON CORUÑA	00:31:44	00:33:54	01:05:37	05:58 min/Km
77	262	RUMBO SABRINA	FEMALE	VET A	NOSPORTLIMIT-TREK GALICIA	00:33:29	00:32:14	01:05:42	05:59 min/Km
78	258	RUIBAL MOLDES MNMAUEL	MALE	VET A		00:32:07	00:34:04	01:06:10	06:01 min/Km
79	272	SEISDEDOS HERMO DAVID	MALE	VET A	-----	00:31:38	00:34:37	01:06:14	06:02 min/Km
80	2	ALCAZAR COQUE	MALE	VET A	RANNINNG	00:32:16	00:34:05	01:06:20	06:02 min/Km
81	49	CASAL LLORENTE CARMEN	FEMALE	VET A	INDEPENDIENTE	00:33:33	00:33:41	01:07:14	06:07 min/Km
82	264	SALGADO BADAS FRANCISCO JAVIER	MALE	VET A	INDRA RUNNERS	00:33:35	00:33:40	01:07:14	06:07 min/Km
83	223	PONTE RODRIGUEZ ELENA	FEMALE	VET A		00:32:46	00:34:34	01:07:19	06:08 min/Km
84	198	NISTAL GARCIA MANUEL	MALE	VET A	CLUB CICLISTA EO	00:34:01	00:33:28	01:07:29	06:09 min/Km
85	292	ULLOA MENDEZ ANTONIO MANUEL	MALE	VET A	INDEPENDIENTE	00:33:00	00:34:33	01:07:33	06:09 min/Km
86	80	DÍAZ PÉREZ DAVID	MALE	VET A		00:33:36	00:34:13	01:07:48	06:10 min/Km
87	140	IGLESIAS MARIÑO JESÚS MANUEL	MALE	VET A		00:33:56	00:34:04	01:07:59	06:11 min/Km
88	248	RODRIGUEZ LAGARES JOSE RAMON	MALE	VET A		00:34:17	00:34:21	01:08:37	06:15 min/Km
89	298	VIDAL FRAGA JOSE ALBERTO	MALE	VET A		00:33:26	00:35:12	01:08:38	06:15 min/Km
90	186	MARTINEZ RODRIGUEZ JOSE	MALE	VET A		00:33:14	00:36:01	01:09:14	06:18 min/Km
91	158	LÓPEZ FERREIRO FEDERICO	MALE	VET A		00:31:57	00:37:18	01:09:14	06:18 min/Km
92	16	ARMENTEROS LEÓN CARLOS	MALE	VET A		00:34:48	00:34:34	01:09:21	06:19 min/Km
93	212	PAZOS DANIEL	MALE	VET A	TRISADA	00:35:27	00:33:57	01:09:23	06:19 min/Km
94	111	GARCIA BARBEIRA PABLO	MALE	VET A		00:34:58	00:34:30	01:09:28	06:19 min/Km
95	273	SENIN CANOSA IGNACIO	MALE	VET A	BRIGANTIA	00:34:54	00:34:39	01:09:33	06:20 min/Km
96	136	HEREDERO FERRERO MARCOS	MALE	VET A		00:34:04	00:35:33	01:09:36	06:20 min/Km
97	142	JUAN OTERO DANIEL	MALE	VET A		00:34:04	00:35:33	01:09:36	06:20 min/Km
98	17	ARMESTO PULIDO JAVIER	MALE	VET A	GANTESPORT	00:34:04	00:35:33	01:09:36	06:20 min/Km
99	41	CALDAS MOSQUERA ALBERTO M.	MALE	VET A		00:33:45	00:35:52	01:09:37	06:20 min/Km

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## VET A

P.CAT.	NUMBER	PARTICIPANTE	SEXO	CATEGORIA	CLUB	TIEMPO VUE 1	TIEMPO VUE 2	META	
100	124	GOMEZ PEDREIRA CARLOS MANUEL	MALE	VET A	CLUB BTT CAIMANES BETANZOS	00:34:34	00:35:09	01:09:43	06:21 min/Km
101	10	AMOR BUYO JUAN LUIS	MALE	VET A		00:34:34	00:35:09	01:09:43	06:21 min/Km
102	303	PONTE TABOADA MONTSERRAT	FEMALE	VET A		00:35:31	00:34:35	01:10:05	06:23 min/Km
103	201	NÚÑEZ NAVEIRA LAURA	FEMALE	VET A	ANDAINA	00:35:32	00:34:40	01:10:11	06:23 min/Km
104	246	RODRÍGUEZ GARCÍA LUZ	FEMALE	VET A		00:35:30	00:35:44	01:11:14	06:29 min/Km
105	57	CASTRO DE LA FUENTE MIGUEL ANGEL	MALE	VET A		00:35:38	00:36:42	01:12:19	06:35 min/Km
106	165	LOPEZ PERMUY VICTORIA EUGENIA	FEMALE	VET A	BRIGANTIA AVENTURA	00:35:55	00:38:08	01:14:03	06:44 min/Km
107	200	NOVO SOBRINO JORGE	MALE	VET A		00:36:42	00:38:26	01:15:08	06:50 min/Km
108	94	FERNÁNDEZ GONZÁLEZ JUAN	MALE	VET A	PATUKOS TIM RANIN	00:37:08	00:38:13	01:15:21	06:51 min/Km
109	106	FRAGA SECO CAROLINA	FEMALE	VET A	NOSPORTLIMIT	00:37:50	00:38:11	01:16:01	06:55 min/Km
110	86	DURÁN CANDAL PEDRO	MALE	VET A		00:37:37	00:38:38	01:16:15	06:56 min/Km
111	261	RUIZ DE VALBUENA BUENO ANGEL	MALE	VET A	ACADEMIA J.M RIVAS	00:37:17	00:39:30	01:16:46	06:59 min/Km
112	233	REBOREDO GARCÍA SANTIAGO	MALE	VET A		00:37:52	00:39:10	01:17:02	07:01 min/Km
113	12	AREA SANTOS XOAN	MALE	VET A	MARINEDA ATLÉTICO	00:38:56	00:39:30	01:18:25	07:08 min/Km
114	270	SANDE VIDAL MAR	FEMALE	VET A		00:39:28	00:40:43	01:20:10	07:18 min/Km
115	283	SUÁREZ FERNÁNDEZ PELAYO	MALE	VET A		00:37:54	00:43:36	01:21:29	07:25 min/Km
116	183	MARTINEZ MOSQUERA MARÍA	FEMALE	VET A		00:42:13	00:43:08	01:25:21	07:46 min/Km
117	40	CALATAYUD ISA	FEMALE	VET A	RANNING	00:42:16	00:43:32	01:25:48	07:48 min/Km
118	89	FARIÑA Balsa SANDRA	FEMALE	VET A	NOSPORTLIMIT TREK GALICIA	00:42:15	00:43:56	01:26:10	07:50 min/Km
119	192	MOURELLE PEDREIRA3 MARIAM	FEMALE	VET A	PARTICULAR	00:43:56	00:45:33	01:29:29	08:09 min/Km
120	229	RAMAS FIUSA CARLOS	MALE	VET A	NOSPORTLIMIT-TREK GALICIA	00:43:57	00:45:33	01:29:29	08:09 min/Km
121	177	MARTÍNEZ FERNÁNDEZ ANTONIO	MALE	VET A	ATLETISMO FONTES DO SAR	00:43:57	00:46:45	01:30:41	08:15 min/Km
122	253	RODRÍGUEZ SÁNCHEZ GEMA	FEMALE	VET A		00:43:34	00:48:11	01:31:45	08:21 min/Km
123	162	LÓPEZ MARIÑO EMMA	FEMALE	VET A		00:45:18	00:49:47	01:35:04	08:39 min/Km
124	5	ALVAREZ CASAPRIMA JESUS	MALE	VET A	NOSPORTLIMIT TREK GALICIA	00:50:10	00:51:10	01:41:19	09:13 min/Km