

NORTHWEST EXPERIENCE 2019

31 MARZO 2019

- GENERAL MINITRAIL 14KMS -

POS.	P.CAT.	NUMBER	PARTICIPANTE	SEX	CAT	CLUB	META	DIF 1º	RITMO
1	1	16	CANO CONESA , DAVID	MALE	VETERAN	CORREDORES POPULARES ARMADA FERROL	01:04:33.780		04:37 min/Km
2	1	112	SANTIAGO VILLAR , JOSE	MALE	SENIOR	OS CORZOS DO ORTEGAL	01:04:43.890	+00:00:10.110	04:38 min/Km
3	2	100	RENTE LÓPEZ , JORGE	MALE	SENIOR	INDEPENDIENTE	01:05:45.050	+00:01:11.270	04:42 min/Km
4	2	71	LOZANO NOVÁS , ANGEL	MALE	VETERAN	PEÑA CICLISTA SANTA MARTA	01:05:59.540	+00:01:25.760	04:43 min/Km
5	3	92	PÉREZ DURÁN , JULIÁN	MALE	VETERAN	SÍGUEME SI PUEDES	01:07:15.220	+00:02:41.440	04:49 min/Km
6	3	36	FERNANDEZ FONTICOBA , EMILIO JOSE	MALE	SENIOR	PASA OU ENTORNA	01:07:33.760	+00:02:59.980	04:50 min/Km
7	4	90	PEON COSTA , ROBERTO	MALE	SENIOR	TRIEUME	01:10:11.770	+00:05:37.990	05:01 min/Km
8	4	84	NIETO FEAL , RICARDO	MALE	VETERAN	JABALÍS	01:12:50.260	+00:08:16.480	05:13 min/Km
9	5	17	CARRAL SUAREZ , MARCOS	MALE	SENIOR	A.D. REGO DO LOBO	01:13:26.870	+00:08:53.090	05:15 min/Km
10	5	120	TOJEIRO ARES , FRANCISCO	MALE	VETERAN		01:13:55.460	+00:09:21.680	05:17 min/Km
11	6	126	VIEITES PONTE , JUAN	MALE	VETERAN	SÍGUEME SI PUEDES	01:13:59.360	+00:09:25.580	05:18 min/Km
12	6	33	FEAL DÍAZ , NÉSTOR	MALE	SENIOR	ADC MONTE BREAMO	01:14:10.200	+00:09:36.420	05:18 min/Km
13	7	23	COBA MARTINEZ , SANTI	MALE	SENIOR	NOETRAINERS FERROL	01:14:22.590	+00:09:48.810	05:19 min/Km
14	8	65	LEDO CASTRO , ADRIÁN	MALE	SENIOR		01:14:56.250	+00:10:22.470	05:22 min/Km
15	9	19	CASANOVA VEIGA , ALEJANDRO	MALE	SENIOR	INDEPENDIENTE	01:16:06.960	+00:11:33.180	05:27 min/Km
16	10	29	DOCE CARBALLEIRA , DAVID	MALE	SENIOR	TRIEUME AS PONTES	01:16:33.880	+00:12:00.100	05:29 min/Km
17	11	1	ABEAL FREIJOMIL , ALBERTO	MALE	SENIOR	BRUTANZOS TEAM	01:16:53.680	+00:12:19.900	05:30 min/Km
18	7	107	SABIO FERNANDEZ , RAFAEL	MALE	VETERAN	INDEPENDIENTE	01:17:28.980	+00:12:55.200	05:33 min/Km
19	12	110	SANCHEZ SEIJO , ADRIAN	MALE	SENIOR	LOBOS DE NARAIO	01:18:10.200	+00:13:36.420	05:36 min/Km
20	13	21	CASTELEIRO , ALBERTO	MALE	SENIOR		01:19:36.370	+00:15:02.590	05:42 min/Km
21	8	45	FRAGA DOPICO , ÁLVARO	MALE	VETERAN	INDEPENDIENTE	01:20:00.150	+00:15:26.370	05:43 min/Km
22	9	83	MUÍÑO MONTERO , JOSÉ MANUEL	MALE	VETERAN	INDEPENDIENTE	01:20:22.270	+00:15:48.490	05:45 min/Km
23	14	5	ASTUDILLO DONOSO , PATRICIO	MALE	SENIOR	INDEPENDIENTE	01:20:34.220	+00:16:00.440	05:46 min/Km
24	10	123	VEIGA GONZÁLEZ , MIGUEL	MALE	VETERAN	MONTEFARO TRAIL	01:20:53.520	+00:16:19.740	05:47 min/Km
25	15	111	SANDOMINGO LÓPEZ , MANUEL	MALE	SENIOR	INDEPENDIENTE	01:20:54.470	+00:16:20.690	05:47 min/Km
26	11	49	GALDO CAO , JUAN JOSÉ	MALE	VETERAN	RUNNING ALTAFIT ODEON	01:21:01.250	+00:16:27.470	05:48 min/Km
27	16	25	DE TENA LOUREIRO , GONZALO	MALE	SENIOR	INDEPENDIENTE	01:21:12.840	+00:16:39.060	05:49 min/Km
28	12	93	PÉREZ CORRAL , ABEL	MALE	VETERAN	CLUB TRIEUME	01:21:15.840	+00:16:42.060	05:49 min/Km
29	13	40	FERNÁNDEZ LEIRA , JUAN JOSÉ	MALE	VETERAN	CASTRO DE LOBADIZ	01:21:24.470	+00:16:50.690	05:49 min/Km
30	14	108	SAEZ SUAREZ , JOSE	MALE	VETERAN	CASTRO DE LOBADIZ	01:21:24.550	+00:16:50.770	05:49 min/Km
31	15	32	FARO NEGREIRA , JUAN MANUEL	MALE	VETERAN	ADC MONTE BREAMO	01:21:27.490	+00:16:53.710	05:50 min/Km
32	17	114	SECO FERNÁNDEZ , ALBERTO	MALE	SENIOR	A.M.E BESTARRUZA	01:21:28.240	+00:16:54.460	05:50 min/Km
33	16	11	BOGO VARELA , DANIEL	MALE	VETERAN	INDEPENDIENTE	01:22:02.110	+00:17:28.330	05:52 min/Km
34	18	53	GARCÍA RIAL , FRANCISCO	MALE	SENIOR		01:22:07.160	+00:17:33.380	05:52 min/Km

NORTHWEST EXPERIENCE 2019

31 MARZO 2019

- GENERAL MINITRAIL 14KMS -

POS.	P.CAT.	NUMBER	PARTICIPANTE	SEX	CAT	CLUB	META	DIF 1º	RITMO
35	1	104	ROJAS MEIJOMIL , PATRICIA	FEMALE	VETERAN-F	CASTRO DE LOBADIZ	01:22:07.530	+00:17:33.750	05:52 min/Km
36	17	8	BAZ RODRÍGUEZ , BERTO	MALE	VETERAN	SÍGUEME SI PUEDES	01:22:08.790	+00:17:35.010	05:53 min/Km
37	18	26	DÍAZ FORTUNA , ÓSCAR	MALE	VETERAN	SÍGUEME SI PUEDES	01:22:09.140	+00:17:35.360	05:53 min/Km
38	19	101	RICO RILO , RUBÉN	MALE	VETERAN		01:23:27.420	+00:18:53.640	05:58 min/Km
39	20	3	AMADO FONSECA , OSCAR	MALE	VETERAN	INDEPENDIENTE	01:23:43.780	+00:19:10.000	05:59 min/Km
40	21	97	PIÑEIRO SEIJIDO , JOSÉ ANTONIO	MALE	VETERAN	CLUBE ATLETISMO FENE	01:24:20.430	+00:19:46.650	06:02 min/Km
41	22	69	LOPEZ QUIÑO A , FRANCISCO	MALE	VETERAN		01:24:23.450	+00:19:49.670	06:02 min/Km
42	23	31	FARALDO PURRIÑOS , PEDRO	MALE	VETERAN	INDEPENDIENTE	01:24:32.700	+00:19:58.920	06:03 min/Km
43	24	122	VAZQUEZ FREIRE , JOSE ANGEL	MALE	VETERAN	SÍGUEME SI PUEDES	01:24:47.340	+00:20:13.560	06:04 min/Km
44	25	30	DOCE FREIRE , JOSÉ MANUEL	MALE	VETERAN	CASTRO DE LOBADIZ	01:25:36.980	+00:21:03.200	06:07 min/Km
45	2	91	DIAZ PEREZ , PAQUI	FEMALE	VETERAN-F	TOXIZA CLUBE DE MONTAÑA	01:25:43.910	+00:21:10.130	06:08 min/Km
46	26	99	RATOEIRA BASANTA , MOISES	MALE	VETERAN	TOXIZA CLUBE DE MONTAÑA	01:25:43.940	+00:21:10.160	06:08 min/Km
47	19	105	RON RODRÍGUEZ , IAGO	MALE	SENIOR	INDEPENDIENTE	01:26:06.150	+00:21:32.370	06:10 min/Km
48	3	24	COBELO MARTÍNEZ , PAULA MARÍA	FEMALE	VETERAN-F	RUNNING ALTAFIT ODEON	01:26:22.030	+00:21:48.250	06:11 min/Km
49	27	9	BECEIRO COUCE , MANUEL	MALE	VETERAN	INDEPENDIENTE	01:26:43.740	+00:22:09.960	06:12 min/Km
50	28	20	CASAS DURÁN , RAFAEL	MALE	VETERAN		01:26:51.920	+00:22:18.140	06:13 min/Km
51	1	60	IGLESIAS LÓPEZ , LALI	FEMALE	SENIOR-F	CLUB MONTE PENARUBIA	01:28:09.720	+00:23:35.940	06:18 min/Km
52	20	55	GONZALEZ MONTERO , ALEJANDRO	MALE	SENIOR	MONTEPENARUBIA LUGO	01:28:10.170	+00:23:36.390	06:18 min/Km
53	29	64	LANDERAS VAZQUEZ , RAFAEL	MALE	VETERAN	CORREDORES POPULARES ARMADA FERROL	01:28:14.640	+00:23:40.860	06:19 min/Km
54	30	62	JUVIÑO PREGO , ÁNGEL	MALE	VETERAN	INDEPENDIENTE	01:28:24.660	+00:23:50.880	06:19 min/Km
55	31	119	TAJUELO GIL , ALFONSO	MALE	VETERAN	PULPEIROS MUGARDOS	01:28:36.180	+00:24:02.400	06:20 min/Km
56	32	51	GARCIA BARBEIRA , PABLO	MALE	VETERAN		01:28:39.400	+00:24:05.620	06:20 min/Km
57	21	52	GARCÍA CASTRO , VÍCTOR M.	MALE	SENIOR		01:28:50.170	+00:24:16.390	06:21 min/Km
58	22	102	RÍOS LÓPEZ , HÉCTOR	MALE	SENIOR		01:28:51.540	+00:24:17.760	06:21 min/Km
59	23	80	MONTENEGRO VÁZQUEZ , JAVIER	MALE	SENIOR	CLUB CASTRO DE LOBADIZ	01:28:51.700	+00:24:17.920	06:21 min/Km
60	33	50	GAMUNDI MIRAZ , LUIS	MALE	VETERAN		01:28:51.940	+00:24:18.160	06:21 min/Km
61	34	59	HERMIDA MERA , JUAN CARLOS	MALE	VETERAN	CASTRO DE LOBADIZ	01:30:05.570	+00:25:31.790	06:27 min/Km
62	24	95	PEREZ PEREZ , VICTOR	MALE	SENIOR	MTB BIELA E CHAVETA	01:30:15.950	+00:25:42.170	06:27 min/Km
63	35	2	AGUIAR CARREIRA , JOSÉ FRANCISCO	MALE	VETERAN		01:31:05.780	+00:26:32.000	06:31 min/Km
64	25	94	PEREZ MACIAS , RAMIRO	MALE	SENIOR	INDEPENDIENTE	01:31:38.680	+00:27:04.900	06:33 min/Km
65	26	63	LAGE YÁÑEZ , SANTIAGO	MALE	SENIOR	INDEPENDIENTE	01:31:41.060	+00:27:07.280	06:33 min/Km
66	36	35	FERNÁNDEZ SÁNCHEZ-ROLDAN , PEDRO	MALE	VETERAN	SÍGUEME SI PUEDES	01:31:47.750	+00:27:13.970	06:34 min/Km
67	37	12	CAGIAO BOUZA , JUAN	MALE	VETERAN	PASA OU ENTORNA	01:32:01.130	+00:27:27.350	06:35 min/Km
68	4	34	FELGAR LOPEZ , ISABEL	FEMALE	VETERAN-F	PASA OU ENTORNA	01:32:01.240	+00:27:27.460	06:35 min/Km

NORTHWEST EXPERIENCE 2019

- GENERAL MINITRAIL 14KMS -

31 MARZO 2019

POS.	P.CAT.	NUMBER	PARTICIPANTE	SEX	CAT	CLUB	META	DIF 1º	RITMO
69	5	79	MOJEDA MARTINEZ , PATRICIA	FEMALE	VETERAN-F		01:32:46.070	+00:28:12.290	06:38 min/Km
70	38	27	DÍAZ PEREIRO , DAVID	MALE	VETERAN	INDEPENDIENTE	01:32:46.190	+00:28:12.410	06:38 min/Km
71	2	106	RUMBO , SABRINA	FEMALE	SENIOR-F	NOSPORTLIMIT	01:32:51.630	+00:28:17.850	06:38 min/Km
72	39	41	FERNÁNDEZ ROMERO , OSCAR	MALE	VETERAN	INDEPENDIENTE	01:33:12.790	+00:28:39.010	06:40 min/Km
73	40	15	CAMBA , JOSE	MALE	VETERAN	SÍGUEME SI PUEDES	01:33:19.070	+00:28:45.290	06:40 min/Km
74	41	117	TABEAYO GALDO , JOSÉ LUIS	MALE	VETERAN	INDEPENDIENTE	01:33:59.150	+00:29:25.370	06:43 min/Km
75	27	115	SENRA EIROA , MANUEL	MALE	SENIOR	INDEPENDIENTE	01:34:27.640	+00:29:53.860	06:45 min/Km
76	42	18	CARRERA ARZA , FRANCISCO	MALE	VETERAN	INDEPENDIENTE	01:34:41.340	+00:30:07.560	06:46 min/Km
77	43	70	LOPEZ VAZQUEZ , JOSE ALFONSO	MALE	VETERAN	CLUB CASTRO DE LOBADIZ	01:34:46.180	+00:30:12.400	06:47 min/Km
78	6	73	MARTINEZ BREIJO , MARIA TERESA	FEMALE	VETERAN-F	CASTRO DE LOBADIZ	01:34:46.290	+00:30:12.510	06:47 min/Km
79	44	103	RODRIGUEZ FERNANDEZ , JOSE MANUEL	MALE	VETERAN	INDEPENDIENTE	01:34:58.010	+00:30:24.230	06:48 min/Km
80	28	10	BLANCO ANEIROS , VICTOR	MALE	SENIOR	ORTEGAL WARRIOR	01:36:01.680	+00:31:27.900	06:52 min/Km
81	7	113	SANTOS MORALES , SUSAN	FEMALE	VETERAN-F	A.D JARNACHAS	01:36:15.490	+00:31:41.710	06:53 min/Km
82	45	96	PÉREZ VILLAR , PABLO	MALE	VETERAN	INDEPENDIENTE	01:36:36.020	+00:32:02.240	06:55 min/Km
83	3	57	GRANDÍO MONTES , RAQUEL	FEMALE	SENIOR-F	MULLER EN FORMA	01:36:42.950	+00:32:09.170	06:55 min/Km
84	8	72	MARGARETO NOYA , MERCEDES	FEMALE	VETERAN-F	MONTEFARO TRAIL	01:37:00.580	+00:32:26.800	06:56 min/Km
85	46	38	FERNANDEZ GUDIN , JUAN MANUEL	MALE	VETERAN	INDEPENDIENTE	01:37:14.060	+00:32:40.280	06:57 min/Km
86	47	82	MUIÑO GARCIA , PABLO	MALE	VETERAN	INDEPENDIENTE	01:37:15.520	+00:32:41.740	06:57 min/Km
87	29	61	IGLESIAS RIGUEIRA , DAVID	MALE	SENIOR		01:37:19.930	+00:32:46.150	06:58 min/Km
88	30	58	HERMIDA CARRASCO , ALBERTO JOSÉ	MALE	SENIOR	ADC MONTE BREAMO	01:38:11.880	+00:33:38.100	07:01 min/Km
89	9	116	SOUTO SILVA , MARÍA JOSÉ	FEMALE	VETERAN-F	CAV MONTAÑA	01:38:57.520	+00:34:23.740	07:05 min/Km
90	48	125	VERDES ARES , CARLOS ANDRES	MALE	VETERAN	CLUB CASTRO DE LOBADIZ	01:39:20.743	+00:34:46.963	07:06 min/Km
91	4	85	OBARRIO FERNANDEZ , SOFIA	FEMALE	SENIOR-F	A.D. REGO DO LOBO	01:39:43.860	+00:35:10.080	07:08 min/Km
92	31	67	LÓPEZ CRIBEIRO , JOSÉ LUÍS	MALE	SENIOR		01:40:05.930	+00:35:32.150	07:09 min/Km
93	49	42	FERNANDEZ VILLARES , JORGE	MALE	VETERAN		01:40:20.250	+00:35:46.470	07:11 min/Km
94	32	44	FLOREZ FEAL , JOSE ANTONIO	MALE	SENIOR	ADC.MONTE BREAMO	01:40:40.260	+00:36:06.480	07:12 min/Km
95	50	66	LÓPEZ AIRES , ISMAEL	MALE	VETERAN	GENERACIÓN DEL 74	01:41:11.900	+00:36:38.120	07:14 min/Km
96	51	76	MARTINEZ PENA , ANGEL MANUEL	MALE	VETERAN	INDEPENDIENTE	01:41:21.010	+00:36:47.230	07:15 min/Km
97	10	39	FERNANDEZ GUDIN , MONTSE	FEMALE	VETERAN-F		01:42:23.210	+00:37:49.430	07:19 min/Km
98	11	77	MARTÍNEZ RAMILO , TANIA	FEMALE	VETERAN-F	INDEPENDIENTE	01:42:25.340	+00:37:51.560	07:19 min/Km
99	52	43	FERRIN , JOSE	MALE	VETERAN		01:43:01.850	+00:38:28.070	07:22 min/Km
100	33	13	CAINZOS CAGIAO , DAVID	MALE	SENIOR		01:43:32.440	+00:38:58.660	07:24 min/Km
101	53	87	ORIZALES ORIZALES , EMILIANO	MALE	VETERAN	INDEPENDIENTE	01:44:11.140	+00:39:37.360	07:27 min/Km
102	5	68	LÓPEZ PAZ , PILAR	FEMALE	SENIOR-F	INDEPENDIENTE	01:44:11.150	+00:39:37.370	07:27 min/Km

NORTHWEST EXPERIENCE 2019

- GENERAL MINITRAIL 14KMS -

31 MARZO 2019

POS.	P.CAT.	NUMBER	PARTICIPANTE	SEX	CAT	CLUB	META	DIF 1º	RITMO
103	6	86	ORIZALES IGLESIAS , NOA	FEMALE	SENIOR-F	INDEPENDIENTE	01:44:11.310	+00:39:37.530	07:27 min/Km
104	34	47	FREIRE FERNÁNDEZ , JORGE	MALE	SENIOR	INDEPENDIENTE	01:44:34.500	+00:40:00.720	07:29 min/Km
105	54	88	P. PONCE , JUAN JOSE	MALE	VETERAN	INDEPENDIENTE	01:44:38.450	+00:40:04.670	07:29 min/Km
106	35	56	GONZÁLEZ SAN CLAUDIO , MARCO	MALE	SENIOR	CLUB CD NOVA SAÚDE	01:46:22.280	+00:41:48.500	07:36 min/Km
107	36	121	TOJEIRO LUACES , ELOY	MALE	SENIOR	CCCARIÑO	01:46:58.170	+00:42:24.390	07:39 min/Km
108	55	98	QUIROGA LOPEZ , MANUEL	MALE	VETERAN	CC TORRE SAN VICENTE MONFORTE	01:47:51.760	+00:43:17.980	07:43 min/Km
109	7	81	MONTERO GALDO , CRISTINA	FEMALE	SENIOR-F		01:48:49.990	+00:44:16.210	07:47 min/Km
110	37	129	VILLASUSO VÁZQUEZ , JACOBO	MALE	SENIOR		01:48:50.570	+00:44:16.790	07:47 min/Km
111	12	74	MARTINEZ FRIGOLA , MAR	FEMALE	VETERAN-F	NOSPORTLIMIT	01:49:01.330	+00:44:27.550	07:48 min/Km
112	56	54	GONZÁLEZ GARCÍA , ANDRÉS	MALE	VETERAN		01:49:14.690	+00:44:40.910	07:49 min/Km
113	38	6	BARREIRO FERNÁNDEZ , ALEJANDRO	MALE	SENIOR		01:49:39.590	+00:45:05.810	07:50 min/Km
114	57	124	VEIRAS GARCÍA , MANUEL OSCAR	MALE	VETERAN	INDEPENDIENTE	01:50:25.160	+00:45:51.380	07:54 min/Km
115	8	89	PEDRE BOUZA , SHEILA	FEMALE	SENIOR-F	A.D. JARNACHAS	01:51:24.990	+00:46:51.210	07:58 min/Km
116	13	75	MARTINEZ LAMELAS , MARTA	FEMALE	VETERAN-F	INDEPENDIENTE	01:51:38.410	+00:47:04.630	07:59 min/Km
117	14	128	VILELA VAZQUEZ , PAULA	FEMALE	VETERAN-F	INDEPENDIENTE	01:55:40.840	+00:51:07.060	08:16 min/Km
118	15	22	CHARLON REDONDO , PILAR	FEMALE	VETERAN-F		01:55:40.930	+00:51:07.150	08:16 min/Km
119	58	14	CALVO FERNÁNDEZ , ALBERTO	MALE	VETERAN	CLUB CASTRO DE LOBADIZ	01:56:03.280	+00:51:29.500	08:18 min/Km
120	16	127	VILA MARTÍNEZ , VIRGINIA	FEMALE	VETERAN-F	CASTRO DE LOBADIZ	01:56:04.090	+00:51:30.310	08:18 min/Km
121	9	37	FERNÁNDEZ GARCIA , ROCIO	FEMALE	SENIOR-F	INDEPENDIENTE	02:25:28.730	+01:20:54.950	10:24 min/Km