

SOLIDARIO/A LALIN!!!! - 2016

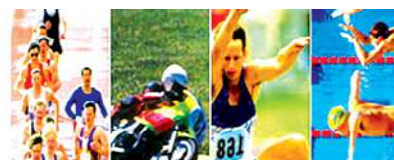
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03 ENERO 2016

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CRONOMETRAXE

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	RITMO
1	1	409	VAZQUEZ VAAMONDE , RICARDO	MALE	SOLIDARIO	ATLETISMO DEZA	00:25:58.017	03:37 min/Km
2	2	330	DAFONTE DIEGUEZ , CRISTÓBAL	MALE	SOLIDARIO	ATLETISMO DEZA	00:26:48.167	03:44 min/Km
3	3	398	SEOANE POMBO , JOSE MANUEL	MALE	SOLIDARIO		00:26:52.137	03:44 min/Km
4	4	320	CANDA LOUZAO , JOSE	MALE	SOLIDARIO	INDEPENDIENTE	00:27:16.907	03:48 min/Km
5	5	322	CARREIRA OUBIÑA , MANUEL	MALE	SOLIDARIO	CLUB DEPORTIVO PINARIUM	00:27:24.297	03:49 min/Km
6	6	353	IGLESIAS AMORES , MIGUEL	MALE	SOLIDARIO	CLUB DEPORTIVO PINARIUM	00:27:37.927	03:51 min/Km
7	7	381	REBOREDO VALDÉS , CÉSAR	MALE	SOLIDARIO	TRIATLON VILLARREAL	00:27:49.697	03:52 min/Km
8	8	375	OTERO SALGUEIRO , ALEX	MALE	SOLIDARIO	ATLETISMO A ESTRADA	00:27:58.537	03:54 min/Km
9	9	384	REQUEIJO REQUEIJO , SERGIO	MALE	SOLIDARIO	INDEPENDIENTE	00:28:13.177	03:56 min/Km
10	10	366	MONTOTO , JOSÉ MANUEL	MALE	SOLIDARIO	ATLETISMO DEZA	00:28:24.177	03:57 min/Km
11	11	314	BRALO GONZÁLEZ , ENRIQUE	MALE	SOLIDARIO	INDEPENDIENTE	00:28:24.827	03:57 min/Km
12	12	334	DOSIL FIGUEIRA , JOSÉ RAMÓN	MALE	SOLIDARIO	CUEVA DE NERJA-UMA	00:29:42.737	04:08 min/Km
13	13	418	REY CASTRO , RICARDO	MALE	SOLIDARIO		00:29:55.377	04:10 min/Km
14	14	337	FERNÁNDEZ COSTA , SANTIAGO	MALE	SOLIDARIO	CERNE	00:29:55.667	04:10 min/Km
15	15	367	MONTOUTO REQUEIJO , DIEGO	MALE	SOLIDARIO		00:29:56.447	04:10 min/Km
16	16	399	SUAREZ GIADAS , JAVIER	MALE	SOLIDARIO		00:30:03.257	04:11 min/Km
17	17	377	PAVÓN VARELA , MARCOS	MALE	SOLIDARIO		00:30:28.987	04:15 min/Km
18	18	416	GONZALEZ CASTRO , JOSE MANUEL	MALE	SOLIDARIO		00:30:51.207	04:18 min/Km
19	19	410	VERGARA CASTRO , AURELIO	MALE	SOLIDARIO	AUTOTODO CARBALLIÑO	00:30:51.457	04:18 min/Km
20	20	325	CASTRO REBOREDO , ALBERTO	MALE	SOLIDARIO	LAMARGHA	00:30:51.497	04:18 min/Km
21	21	385	REY SOUTO , JESUS ENRIQUE	MALE	SOLIDARIO	CLUBE ATLETISMO BOIMORTO	00:31:05.797	04:20 min/Km
22	22	308	BARCALA CAMPOS , ALBERTO	MALE	SOLIDARIO	C.A. DEZA	00:31:12.887	04:21 min/Km
23	23	419	VARELA PAJARO , JOSE MARIA	MALE	SOLIDARIO		00:31:23.967	04:22 min/Km
24	24	359	LOPEZ ALVAREZ , JOSE LUIS	MALE	SOLIDARIO	BOIMORTO	00:31:48.367	04:26 min/Km
25	25	408	VÁZQUEZ GARCÍA , DIEGO	MALE	SOLIDARIO	CLUBE ATLETISMO BOIMORTO	00:31:49.387	04:26 min/Km



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POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	RITMO
26	26	414	GONZALEZ ANDAN , MANUEL	MALE	SOLIDARIO		00:31:55.507	04:27 min/Km
27	27	345	GARCÍA GIL , JAVIER	MALE	SOLIDARIO	INDEPENDIENTE	00:32:09.067	04:28 min/Km
28	28	374	OTERO RODRIGUEZ , ANTONIO	MALE	SOLIDARIO	SEMPRE NELA	00:32:14.687	04:29 min/Km
29	29	363	MATO GIL , LUIS ANTONIO	MALE	SOLIDARIO	INDEPENDIENTE	00:32:14.707	04:29 min/Km
30	30	422	SOUZA FONTAN , SANTI	MALE	SOLIDARIO		00:32:48.757	04:34 min/Km
31	31	318	CAGIDE FERNÁNDEZ , JOSE LUIS	MALE	SOLIDARIO	INDEPENDIENTE	00:32:52.987	04:35 min/Km
32	32	328	COSTOYA RODRIGUEZ , SERGIO	MALE	SOLIDARIO	TEAM PAZO DE ANZUXAO	00:33:03.777	04:36 min/Km
33	33	303	ARGIBAY PEREZ , MANUEL	MALE	SOLIDARIO	ESCOLA DE ATLETISMO DEZA	00:33:04.997	04:36 min/Km
34	34	339	FERNANDEZ LOPEZ , MARTIN	MALE	SOLIDARIO	AUTOTODO CARBALLIÑO	00:33:08.787	04:37 min/Km
35	35	368	MORILLO CASTRO , JAVIER	MALE	SOLIDARIO	INDEPENDIENTE	00:33:15.687	04:38 min/Km
36	36	417	GONZALEZ GUTIERREZ , SANTIAGO	MALE	SOLIDARIO		00:33:34.967	04:40 min/Km
37	37	321	CARREIRA BRUZOS , JOSE LUIS	MALE	SOLIDARIO		00:33:42.297	04:41 min/Km
38	38	390	RODRIGUEZ GUTIERREZ , JOSE ANTONIO	MALE	SOLIDARIO		00:33:46.117	04:42 min/Km
39	39	360	LORENZO LOPEZ , ROBERTO	MALE	SOLIDARIO	SEMPRE NELA	00:33:48.587	04:42 min/Km
40	40	402	VARELA CRESPO , MARIO DANIEL	MALE	SOLIDARIO	ATLETISMO ARENTEIRO	00:33:58.537	04:44 min/Km
41	41	347	GIL PEREZ , JOSIÑO	MALE	SOLIDARIO		00:33:59.747	04:44 min/Km
42	42	372	OJEA , JORGE	MALE	SOLIDARIO	ESCOLA ATLETISMO DEZA	00:34:05.417	04:45 min/Km
43	43	335	FAILDE VÁZQUEZ , MIGUEL	MALE	SOLIDARIO	INDEPENDIENTE	00:34:06.147	04:45 min/Km
44	44	396	SANTAMARIA LORENZO , FRANCISCO JAVIER	MALE	SOLIDARIO	INDEPENDIENTE	00:34:29.117	04:48 min/Km
45	45	316	BREA LÓPEZ , MIGUEL ÁNGEL	MALE	SOLIDARIO	TOLEMIA BIKE	00:34:38.237	04:49 min/Km
46	46	387	RÍOS GIMÉNEZ , ADOLFO OMAR	MALE	SOLIDARIO	CLUBE ATLETISMO BOIMORTO	00:34:47.987	04:50 min/Km
47	1	383	REQUEIJO REQUEIJO , LUCIA	FEMALE	SOLIDARIA	INDEPENDIENTE	00:35:01.767	04:52 min/Km
48	47	309	BLANCO IGLESIAS , RAMIRO	MALE	SOLIDARIO		00:35:02.227	04:52 min/Km
49	48	342	FERRADÁS GALLEGO , ALEJANDRO	MALE	SOLIDARIO	WORKING WHEELS	00:35:06.627	04:53 min/Km
50	49	423	VAL CARRAR , MANUEL ANGEL	MALE	SOLIDARIO		00:35:07.017	04:53 min/Km



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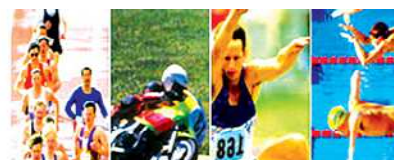
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CRONOMETRAXE

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POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	RITMO
51	50	405	VARELA SANTISO , OSCAR	MALE	SOLIDARIO		00:35:08.417	04:53 min/Km
52	51	336	FERNANDEZ SANCHEZ , ANDRES	MALE	SOLIDARIO	CLUBE ATLETISMO GRESANDE	00:35:12.327	04:54 min/Km
53	2	407	VAZQUEZ , COVADONGA	FEMALE	SOLIDARIA		00:35:14.817	04:54 min/Km
54	52	427	PIÑEIRO , ARMANDO	MALE	SOLIDARIO		00:35:15.237	04:54 min/Km
55	53	370	MUÑIZ MUÑIZ , XOÁN	MALE	SOLIDARIO		00:35:28.477	04:56 min/Km
56	54	376	OTERO VILLAVERDE , MARCOS	MALE	SOLIDARIO	INDEPENDIENTE	00:35:31.367	04:57 min/Km
57	3	406	VARELA SANTISO , PATRICIA	FEMALE	SOLIDARIA		00:35:33.997	04:57 min/Km
58	55	382	REGO LAIÑO , SANTIAGO	MALE	SOLIDARIO		00:35:34.917	04:57 min/Km
59	56	348	GÓMEZ FRAIZ , ROMÁN	MALE	SOLIDARIO	ESCOLA DE ATLETISMO DEZA	00:35:55.517	04:60 min/Km
60	57	428	CASARES,NICOLAS	MALE	SOLIDARIO		00:35:59.867	04:60 min/Km
61	58	323	CASAL VAZQUEZ , ELADIO	MALE	SOLIDARIO	A. D. CERNE	00:36:03.077	05:01 min/Km
62	59	340	FERNÁNDEZ LORENZO , JOSE ANGEL	MALE	SOLIDARIO		00:36:03.217	05:01 min/Km
63	60	324	CASTRO FERNANDEZ , MARCOS J.	MALE	SOLIDARIO		00:36:18.647	05:03 min/Km
64	61	415	RODRIGUEZ MONTERO , MODESTO	MALE	SOLIDARIO		00:36:24.767	05:04 min/Km
65	4	356	INSAURRALDE , VANESA	FEMALE	SOLIDARIA	ATLETISMO DEZA	00:36:25.017	05:04 min/Km
66	62	386	RIERA CACHERO , ANTONIO	MALE	SOLIDARIO	ESCOLA DE ATLETISMO DEZA	00:36:26.047	05:04 min/Km
67	63	424	ALVAREZ , RAUL	MALE	SOLIDARIO		00:36:29.127	05:05 min/Km
68	64	332	DOMINGUEZ RODRIGUEZ , MOISES	MALE	SOLIDARIO	LEGION GEMINA VII	00:36:29.167	05:05 min/Km
69	65	364	MEIJOME SAA , MANUEL JOSE	MALE	SOLIDARIO	ESCOLA DE ATLETISMO DEZA	00:37:30.357	05:13 min/Km
70	66	300	ALARCON GIRALDO , ALEJANDRO	MALE	SOLIDARIO	ATLETISMO OLYMPO AS PONTES	00:38:25.497	05:21 min/Km
71	67	429	CARRACEDO ,POSE	MALE	SOLIDARIO		00:38:27.937	05:21 min/Km
72	5	394	SAAVEDRA NOVOA , ANDREA ELIZABETH	FEMALE	SOLIDARIA	CLUB ATLETISMO DEZA	00:38:29.737	05:21 min/Km
73	68	355	IGLESIAS VARELA , MARTIN	MALE	SOLIDARIO	INDEPENDIENTE	00:38:30.127	05:21 min/Km
74	6	420	BODAÑO FERNANDEZ, MARIA	FEMALE	SOLIDARIA		00:38:30.547	05:21 min/Km
75	7	349	GONZÁLEZ PÉREZ , EMMA NEREA	FEMALE	SOLIDARIA		00:39:57.057	05:33 min/Km



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76	69	327	CERDEIRA LÓPEZ , MANUEL	MALE	SOLIDARIO	INDEPENDIENTE	00:40:13.017	05:36 min/Km
77	8	421	GONZALEZ RODRIGUEZ , BELEN	FEMALE	SOLIDARIA		00:42:12.317	05:52 min/Km
78	70	315	BRANDIDO NAVAZA , JULIO	MALE	SOLIDARIO		00:42:40.827	05:56 min/Km
79	9	388	RODRÍGUEZ ALVES , CRISTINA	FEMALE	SOLIDARIA	PELUDOS SEN FOGAR	00:42:40.917	05:56 min/Km
80	10	331	DOALLO ÁLVAREZ , RAQUEL	FEMALE	SOLIDARIA		00:43:05.627	05:60 min/Km
81	71	400	TABOADA VILA , AMALIO	MALE	SOLIDARIO	INDEPENDIENTE	00:43:11.857	05:60 min/Km
82	11	379	REBOREDO FERNANDEZ , PIEDAD	FEMALE	SOLIDARIA	ESCOLA DE ATLETISMO DEZA	00:43:53.877	06:06 min/Km
83	12	373	OJEA VILLEGAS , ANGY	FEMALE	SOLIDARIA		00:43:56.587	06:07 min/Km
84	72	358	LIMIA IGLESIAS , JOSÉ ANTONIO	MALE	SOLIDARIO	INDEPENDIENTE	00:44:04.677	06:08 min/Km
85	13	397	SENANDE MEIJOME , MARIA JOSE	FEMALE	SOLIDARIA	ATLETISMO DEZA	00:45:04.537	06:16 min/Km
86	14	411	VILAR IGLESIA , ANA	FEMALE	SOLIDARIA		00:45:37.047	06:21 min/Km
87	73	413	GONZALEZ SOLER , GERARDO	MALE	SOLIDARIO		00:45:58.707	06:24 min/Km
88	74	412	GONZALEZ MONTOTO , JOSE ANTONIO	MALE	SOLIDARIO		00:46:21.917	06:27 min/Km
89	15	392	RODRIGUEZ VIDAL , BELÉN	FEMALE	SOLIDARIA	KÓRPORE ARENTEIRO TRAIL	00:49:01.067	06:49 min/Km
90	75	401	VALEIRAS RODRÍGUEZ , LEANDRO	MALE	SOLIDARIO	INDEPENDIENTE	00:49:01.877	06:49 min/Km
91	16	425	COUTO CICHEIRO , VANESA	FEMALE	SOLIDARIA		00:49:56.617	06:57 min/Km
92	17	426	FERNANDEZ , NOA	FEMALE	SOLIDARIA		00:49:56.757	06:57 min/Km

