

# X CARREIRA POPULAR DE ARTES

## -A CARREIRA DO DEMO-

### - ABSOLUTA -

26 AGOSTO 2017

| POS. | P.CAT. | DORSAL | PARTICIPANTE                    | SEXO   | CATEGORIA | CLUB  | META         | DIF 1º        | RITMO        |
|------|--------|--------|---------------------------------|--------|-----------|---|--------------|---------------|--------------|
| 1    | 1      | 62     | GUDE VILA , JUAN ANTONIO        | MALE   | CAT-D     | MONTEPENARUBIA                              | 00:21:31.297 |               | 03:14 min/Km |
| 2    | 2      | 38     | ESSAADAOUJ , AKKA               | MALE   | CAT-D     | SOCIEDADE GEMNASTICA PONTEVEDRA             | 00:21:53.047 | +00:00:21.750 | 03:17 min/Km |
| 3    | 3      | 5      | ARES MATEOS , RODRIGO           | MALE   | CAT-D     | SERGIN                                      | 00:21:59.767 | +00:00:28.470 | 03:18 min/Km |
| 4    | 1      | 68     | LOJO , JOSE                     | MALE   | CAT-C     | SAN MIGUEL DE MARIN                         | 00:22:35.187 | +00:01:03.890 | 03:24 min/Km |
| 5    | 1      | 47     | FOLGAR POUOSO , RAMÓN IGNACIO   | MALE   | CAT-E     | SAR-VERMÚ PETRONI                           | 00:23:35.327 | +00:02:04.030 | 03:33 min/Km |
| 6    | 4      | 11     | BAAMONDE ARUFE , JAPI           | MALE   | CAT-D     |   | 00:23:37.447 | +00:02:06.150 | 03:33 min/Km |
| 7    | 1      | 78     | MAYOBRE GONZALEZ , PAULA        | FEMALE | CAT-H     | CLUB ATLETISMO CLÍNICA DENTAL SEOANE PAMPIN | 00:24:22.547 | +00:02:51.250 | 03:40 min/Km |
| 8    | 5      | 17     | CAAMAÑO , AVELINO               | MALE   | CAT-D     | SAR VERMÚ PETRONI                           | 00:24:29.887 | +00:02:58.590 | 03:41 min/Km |
| 9    | 2      | 59     | GONZÁLEZ HORTA , ELOY           | MALE   | CAT-C     | ARTROGAL TRI498                             | 00:24:41.647 | +00:03:10.350 | 03:43 min/Km |
| 10   | 6      | 26     | CAMPOS VÁZQUEZ , CARLOS         | MALE   | CAT-D     | INDEPENDIENTE                               | 00:24:43.527 | +00:03:12.230 | 03:43 min/Km |
| 11   | 1      | 24     | CALVO VITURRO , SANTIAGO        | MALE   | CAT-B     | SD BARBANTIA RODA                           | 00:24:44.307 | +00:03:13.010 | 03:43 min/Km |
| 12   | 2      | 64     | IGLESIAS AMORES , MIGUEL        | MALE   | CAT-B     | CLUB DEPORTIVO PINARIUM                     | 00:24:50.437 | +00:03:19.140 | 03:44 min/Km |
| 13   | 7      | 41     | FERNANDEZ LIJO , JUAN FRANCISCO | MALE   | CAT-D     | CLUB REMO NAUTICO RIBEIRA                   | 00:24:53.637 | +00:03:22.340 | 03:45 min/Km |
| 14   | 8      | 32     | COSTAS OTERO , OSCAR            | MALE   | CAT-D     | ARTROGAL TRI498                             | 00:24:58.057 | +00:03:26.760 | 03:45 min/Km |
| 15   | 9      | 120    | VÁZQUEZ TUBIO , ALBERTO         | MALE   | CAT-D     | S.D BARBANTIA RODA                          | 00:25:19.067 | +00:03:47.770 | 03:48 min/Km |
| 16   | 3      | 119    | VÁZQUEZ TORRADO , GUSTAVO       | MALE   | CAT-C     | SD BARBANTIA RODA                           | 00:25:22.347 | +00:03:51.050 | 03:49 min/Km |
| 17   | 10     | 31     | COLLAZO SUAREZ , ROBERTO        | MALE   | CAT-D     | DECORACIONESKN                              | 00:25:24.667 | +00:03:53.370 | 03:49 min/Km |
| 18   | 11     | 46     | FIGUEIRAS MARTÍNEZ , BALTASAR   | MALE   | CAT-D     | SAR VERMÚ PETRONI                           | 00:25:27.847 | +00:03:56.550 | 03:50 min/Km |
| 19   | 4      | 61     | GONZÁLEZ QUEIRUGA , PABLO       | MALE   | CAT-C     | INDEPENDIENTE                               | 00:25:32.457 | +00:04:01.160 | 03:50 min/Km |
| 20   | 12     | 126    | VILA SIEIRA , RUBEN             | MALE   | CAT-D     | EGOVARROS                                   | 00:25:36.557 | +00:04:05.260 | 03:51 min/Km |
| 21   | 13     | 35     | DAFONTE DIEGUEZ , CRISTOBAL     | MALE   | CAT-D     | ATLETISMO DEZA                              | 00:25:37.297 | +00:04:06.000 | 03:51 min/Km |
| 22   | 5      | 58     | GOMEZ OURILLE , NICOLAS         | MALE   | CAT-C     | S.D BARBANTIA RODA                          | 00:25:39.277 | +00:04:07.980 | 03:51 min/Km |
| 23   | 6      | 122    | VIDAL MARTINEZ , HECTOR         | MALE   | CAT-C     | LOS CHAVALES                                | 00:25:40.377 | +00:04:09.080 | 03:52 min/Km |
| 24   | 14     | 127    | VILASOA SILVA , JOSE FRANCISCO  | MALE   | CAT-D     | INDEPENDIENTE                               | 00:25:42.947 | +00:04:11.650 | 03:52 min/Km |
| 25   | 15     | 14     | BENÍTEZ SOMOZA , ABRAHAM        | MALE   | CAT-D     | ESCUELA DE BOXEO EL CANARIO                 | 00:25:51.487 | +00:04:20.190 | 03:53 min/Km |
| 26   | 7      | 81     | MONTEAGUDO RODRIGUEZ , SERGIO   | MALE   | CAT-C     |   | 00:25:57.077 | +00:04:25.780 | 03:54 min/Km |
| 27   | 16     | 45     | FIGUEIRA , TOÑO                 | MALE   | CAT-D     | SD BARBANTIA RODA                           | 00:26:20.417 | +00:04:49.120 | 03:58 min/Km |
| 28   | 3      | 95     | POTEL GOMEZ , CARLOS            | MALE   | CAT-B     |   | 00:26:45.417 | +00:05:14.120 | 04:01 min/Km |
| 29   | 2      | 29     | CEPEDA GACIO , FRANCISCO JAVIER | MALE   | CAT-E     | INDEPENDIENTE                               | 00:26:50.467 | +00:05:19.170 | 04:02 min/Km |
| 30   | 17     | 98     | REINO RIO , ALEJANDRO           | MALE   | CAT-D     | INDEPENDIENTE                               | 00:26:54.177 | +00:05:22.880 | 04:03 min/Km |
| 31   | 18     | 118    | VÁZQUEZ MATO , JOSÉ MANUEL      | MALE   | CAT-D     | INDEPENDIENTE                               | 00:26:54.887 | +00:05:23.590 | 04:03 min/Km |
| 32   | 8      | 12     | BELLO GRAIÑO , DIEGO            | MALE   | CAT-C     | INDEPENDIENTE                               | 00:27:02.477 | +00:05:31.180 | 04:04 min/Km |
| 33   | 19     | 55     | GARCIA MARTINEZ , ANGEL         | MALE   | CAT-D     |   | 00:27:04.677 | +00:05:33.380 | 04:04 min/Km |

# X CARREIRA POPULAR DE ARTES

## -A CARREIRA DO DEMO-

### - ABSOLUTA -

26 AGOSTO 2017

CRONOMETRAXE

| POS. | P.CAT. | DORSAL | PARTICIPANTE                     | SEXO   | CATEGORIA | CLUB                              | META         | DIF 1º        | RITMO        |
|------|--------|--------|----------------------------------|--------|-----------|-----------------------------------|--------------|---------------|--------------|
| 34   | 20     | 63     | HERNANDEZ NAVEIRO , RAFAEL       | MALE   | CAT-D     | S D BARBANTIA RODA                | 00:27:24.187 | +00:05:52.890 | 04:07 min/Km |
| 35   | 9      | 34     | CUENCA GARCIA , FRANCISCO JOSE   | MALE   | CAT-C     | INDEPENDIENTE                     | 00:27:28.417 | +00:05:57.120 | 04:08 min/Km |
| 36   | 21     | 71     | MARIÑO CASAIS , MODESTO          | MALE   | CAT-D     | INDEPENDIENTE                     | 00:27:37.767 | +00:06:06.470 | 04:09 min/Km |
| 37   | 3      | 39     | FABIAN GONZALEZ , DIONISIO       | MALE   | CAT-E     | INDEPENDIENTE                     | 00:27:47.457 | +00:06:16.160 | 04:11 min/Km |
| 38   | 1      | 97     | REGUEIRA BOO , JOSE MATIAS       | MALE   | CAT-F     | ATLETICA BARBANZA                 | 00:27:52.757 | +00:06:21.460 | 04:11 min/Km |
| 39   | 4      | 50     | FREIRE ESPARÍS , BENIGNO         | MALE   | CAT-E     | INDEPENDIENTE                     | 00:27:53.797 | +00:06:22.500 | 04:12 min/Km |
| 40   | 10     | 54     | GARCÍA GARCÍA , DANIEL           | MALE   | CAT-C     | INDEPENDIENTE                     | 00:27:55.227 | +00:06:23.930 | 04:12 min/Km |
| 41   | 22     | 60     | GONZÁLEZ MIRÁS , MIGUEL          | MALE   | CAT-D     |                                   | 00:27:55.417 | +00:06:24.120 | 04:12 min/Km |
| 42   | 23     | 110    | SAMPEDRO , TOÑO                  | MALE   | CAT-D     | INDEPENDIENTE                     | 00:28:06.307 | +00:06:35.010 | 04:13 min/Km |
| 43   | 5      | 105    | ROMERO OLVEIRA , JOSÉ MANUEL     | MALE   | CAT-E     | VETERANOS DE SAMIL                | 00:28:06.867 | +00:06:35.570 | 04:14 min/Km |
| 44   | 2      | 25     | CAMEÁN LAMPÓN , JUAN             | MALE   | CAT-F     | VETERANOS DE SAMIL                | 00:28:21.757 | +00:06:50.460 | 04:16 min/Km |
| 45   | 24     | 6      | AREVALILLO ROMERO , SERGIO       | MALE   | CAT-D     | TRIBU TRAIL                       | 00:28:25.287 | +00:06:53.990 | 04:16 min/Km |
| 46   | 25     | 116    | SOTO BUCETA , SERGIO             | MALE   | CAT-D     | C.A.CAMBADOS-SEG.NOVAL            | 00:28:30.007 | +00:06:58.710 | 04:17 min/Km |
| 47   | 1      | 74     | MATALOBOS REDONDO , ELENA        | FEMALE | CAT-I     | S.D BARBANTIA RODA                | 00:28:31.507 | +00:07:00.210 | 04:17 min/Km |
| 48   | 26     | 117    | VAZQUEZ GONZALEZ , LINO          | MALE   | CAT-D     |                                   | 00:28:32.287 | +00:07:00.990 | 04:17 min/Km |
| 49   | 27     | 22     | CALVIÑO CARREÑO , JOSE           | MALE   | CAT-D     | ORIXINAL MGM TEAM                 | 00:28:32.817 | +00:07:01.520 | 04:17 min/Km |
| 50   | 3      | 82     | NOCEDA GONZALEZ , ISOLINO        | MALE   | CAT-F     | INDEPENDIENTE                     | 00:28:37.347 | +00:07:06.050 | 04:18 min/Km |
| 51   | 11     | 8      | ARIAS GARCIA , TOMAS             | MALE   | CAT-C     | CLUB CICLISTA DUMBRIA             | 00:28:45.147 | +00:07:13.850 | 04:19 min/Km |
| 52   | 6      | 94     | PEREZ SUSAVILA , ANGEL           | MALE   | CAT-E     | INDEPENDIENTE                     | 00:28:57.877 | +00:07:26.580 | 04:21 min/Km |
| 53   | 28     | 56     | GIL PEREIRA , JAVIER             | MALE   | CAT-D     | TARTARUGAS                        | 00:28:59.477 | +00:07:28.180 | 04:21 min/Km |
| 54   | 12     | 83     | ORELLAN FERNANDEZ , ANXO         | MALE   | CAT-C     | NATURAL OUTDOOR EXPERIENCES       | 00:29:01.097 | +00:07:29.800 | 04:22 min/Km |
| 55   | 29     | 43     | FERREIROS PENA , CLEMENTE        | MALE   | CAT-D     | INDEPENDIENTE                     | 00:29:15.437 | +00:07:44.140 | 04:24 min/Km |
| 56   | 13     | 111    | SÁNCHEZ SANDE , JOSE MANUEL      | MALE   | CAT-C     | INDEPENDIENTE                     | 00:29:25.777 | +00:07:54.480 | 04:25 min/Km |
| 57   | 7      | 7      | ARGIBAY PEREZ , JUAN ANTONIO     | MALE   | CAT-E     |                                   | 00:29:27.767 | +00:07:56.470 | 04:26 min/Km |
| 58   | 8      | 125    | VIGO MOURULLO , MANUEL           | MALE   | CAT-E     | ATLETISMO MILLADOIRO              | 00:29:30.157 | +00:07:58.860 | 04:26 min/Km |
| 59   | 30     | 76     | MATO PEÓN , CELESTINO            | MALE   | CAT-D     | CLUB ATLETISMO OUTES JOHN TOURKEY | 00:29:33.097 | +00:08:01.800 | 04:26 min/Km |
| 60   | 9      | 16     | BURES MIGUENS , XOSE MANUEL      | MALE   | CAT-E     | TRIBU TRAIL                       | 00:29:36.827 | +00:08:05.530 | 04:27 min/Km |
| 61   | 31     | 85     | PAIS TRIGO , FRANCISCO           | MALE   | CAT-D     | INDEPENDIENTE                     | 00:29:37.707 | +00:08:06.410 | 04:27 min/Km |
| 62   | 10     | 27     | CANOSA BLANCO , ALFONSO          | MALE   | CAT-E     | INDEPENDIENTE                     | 00:29:50.357 | +00:08:19.060 | 04:29 min/Km |
| 63   | 32     | 65     | IGLESIAS SAMPEDRO , EDUARDO      | MALE   | CAT-D     | SACHACAMIÑOS                      | 00:29:59.637 | +00:08:28.340 | 04:30 min/Km |
| 64   | 14     | 124    | VIDAL RODRÍGUEZ , JOSÉ           | MALE   | CAT-C     | AMEIXIDA                          | 00:29:59.907 | +00:08:28.610 | 04:31 min/Km |
| 65   | 33     | 112    | SARASQUETE FERNANDEZ , FRANCISCO | MALE   | CAT-D     | SACHACAMIÑOS                      | 00:30:05.897 | +00:08:34.600 | 04:31 min/Km |
| 66   | 11     | 80     | MILLET AYASO , FRANCISCO         | MALE   | CAT-E     | INDEPENDIENTE                     | 00:30:18.197 | +00:08:46.900 | 04:33 min/Km |

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### - ABSOLUTA -

26 AGOSTO 2017

| POS. | P.CAT. | DORSAL | PARTICIPANTE                       | SEXO   | CATEGORIA | CLUB               | META         | DIF 1º        | RITMO        |
|------|--------|--------|------------------------------------|--------|-----------|--------------------|--------------|---------------|--------------|
| 67   | 1      | 129    | SAMPEDRO GARCIA , OSCAR            | MALE   | CAT-A     |                    | 00:30:25.867 | +00:08:54.570 | 04:34 min/Km |
| 68   | 2      | 93     | PEREZ MARKOTEGI , MAIALEN          | FEMALE | CAT-H     | INDEPENDIENTE      | 00:30:36.987 | +00:09:05.690 | 04:36 min/Km |
| 69   | 2      | 109    | SALGADO ALBORES , MAITE            | FEMALE | CAT-I     |                    | 00:30:42.447 | +00:09:11.150 | 04:37 min/Km |
| 70   | 4      | 104    | RODRIGUEZ GARCIA , CARLOS          | MALE   | CAT-B     | LOS CHAVALES       | 00:30:44.447 | +00:09:13.150 | 04:37 min/Km |
| 71   | 4      | 90     | PENA FRANCO , JOSE                 | MALE   | CAT-F     | INDEPENDIENTE      | 00:30:46.927 | +00:09:15.630 | 04:38 min/Km |
| 72   | 12     | 115    | SILVA TRIÑANES , MANUEL MARIA      | MALE   | CAT-E     | INDEPENDIENTE      | 00:31:00.997 | +00:09:29.700 | 04:40 min/Km |
| 73   | 3      | 69     | LOJO ABANQUEIRO , ZORAIDA          | FEMALE | CAT-H     | S.D BARBANTIA RODA | 00:31:30.107 | +00:09:58.810 | 04:44 min/Km |
| 74   | 15     | 123    | VIDAL MARTINEZ , RUBEN             | MALE   | CAT-C     | LOS CHAVALES       | 00:31:35.947 | +00:10:04.650 | 04:45 min/Km |
| 75   | 13     | 19     | CABIDOPÉREZ , PEPE                 | MALE   | CAT-E     |                    | 00:32:03.107 | +00:10:31.810 | 04:49 min/Km |
| 76   | 14     | 106    | ROMERO PEREZ , MANUEL              | MALE   | CAT-E     |                    | 00:32:05.427 | +00:10:34.130 | 04:49 min/Km |
| 77   | 3      | 49     | FRANCO RESÚA , PILI                | FEMALE | CAT-I     | INDEPENDIENTE      | 00:32:13.657 | +00:10:42.360 | 04:51 min/Km |
| 78   | 16     | 92     | PEREZ ROMAY , OSCAR                | MALE   | CAT-C     | LOS CHAVALES       | 00:32:17.557 | +00:10:46.260 | 04:51 min/Km |
| 79   | 15     | 114    | SIEIRA OTERO , JUAN JOSÉ           | MALE   | CAT-E     | BARBANTIA RODA     | 00:32:20.847 | +00:10:49.550 | 04:52 min/Km |
| 80   | 2      | 40     | FABIAN LEMA , SERGIO               | MALE   | CAT-A     | INDEPENDIENTE      | 00:32:33.507 | +00:11:02.210 | 04:54 min/Km |
| 81   | 4      | 52     | GARCÍA CRUZ , ALICIA               | FEMALE | CAT-I     | INDEPENDIENTE      | 00:32:34.577 | +00:11:03.280 | 04:54 min/Km |
| 82   | 1      | 53     | GARCÍA GARCÍA , CARMEN             | FEMALE | CAT-J     | CLUB OLIMPIA       | 00:32:35.257 | +00:11:03.960 | 04:54 min/Km |
| 83   | 17     | 18     | CAAVEIRO AGEITOS , SANTIAGO        | MALE   | CAT-C     | INDEPENDIENTE      | 00:32:46.707 | +00:11:15.410 | 04:56 min/Km |
| 84   | 18     | 66     | LEMA PAZ , CARLOS                  | MALE   | CAT-C     | INDEPENDIENTE      | 00:32:51.597 | +00:11:20.300 | 04:56 min/Km |
| 85   | 19     | 100    | REY GÓMEZ , ROBERTO                | MALE   | CAT-C     | C.D. SAN PAIO      | 00:32:56.657 | +00:11:25.360 | 04:57 min/Km |
| 86   | 5      | 72     | MARIÑO PAZ , LUCIA                 | FEMALE | CAT-I     | INDEPENDIENTE      | 00:33:11.017 | +00:11:39.720 | 04:59 min/Km |
| 87   | 6      | 103    | RÍOS LUSTRES , SENDY               | FEMALE | CAT-I     | INDEPENDIENTE      | 00:33:13.027 | +00:11:41.730 | 04:59 min/Km |
| 88   | 20     | 2      | AGEITOS SAMPEDRO , JUANKY          | MALE   | CAT-C     | INDEPENDIENTE      | 00:33:13.827 | +00:11:42.530 | 04:60 min/Km |
| 89   | 34     | 42     | FERREIRÓS FERNANDEZ , JOSE         | MALE   | CAT-D     | TARTARUGAS         | 00:33:15.667 | +00:11:44.370 | 04:60 min/Km |
| 90   | 35     | 30     | CHOUZA FERREIRO , FRANCISCO JAVIER | MALE   | CAT-D     | INDEPENDIENTE      | 00:33:24.937 | +00:11:53.640 | 05:01 min/Km |
| 91   | 2      | 57     | GÓMEZ LODEIROS , SUSANA            | FEMALE | CAT-J     | TARTARUGAS         | 00:33:27.127 | +00:11:55.830 | 05:02 min/Km |
| 92   | 4      | 73     | MARTÍNEZ DIESTE , PAULA            | FEMALE | CAT-H     | INDEPENDIENTE      | 00:33:27.577 | +00:11:56.280 | 05:02 min/Km |
| 93   | 21     | 107    | ROMERO VÁZQUEZ , NOLO              | MALE   | CAT-C     | VENGADORES BEONE   | 00:33:28.097 | +00:11:56.800 | 05:02 min/Km |
| 94   | 22     | 77     | MAYÁN MARTÍNEZ , MIGUEL            | MALE   | CAT-C     | INDEPENDIENTE      | 00:33:35.347 | +00:12:04.050 | 05:03 min/Km |
| 95   | 7      | 102    | RIAÑO , NOE                        | FEMALE | CAT-I     | TRIBU TRAIL        | 00:33:39.967 | +00:12:08.670 | 05:04 min/Km |
| 96   | 23     | 44     | FERREURO AYASO , JUAN ANTONIO      | MALE   | CAT-C     |                    | 00:33:52.307 | +00:12:21.010 | 05:05 min/Km |
| 97   | 36     | 70     | LUSTRES LOPEZ , JOSE MANUEL        | MALE   | CAT-D     | NATACIÓN RIBEIRA   | 00:33:57.017 | +00:12:25.720 | 05:06 min/Km |
| 98   | 16     | 3      | ALFONSIN SOLIÑO , GONZALO          | MALE   | CAT-E     | TARTARUGAS         | 00:33:59.207 | +00:12:27.910 | 05:06 min/Km |
| 99   | 1      | 36     | DÍAZ BARREIRO , PAULA              | FEMALE | CAT-G     |                    | 00:34:00.467 | +00:12:29.170 | 05:07 min/Km |

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## -A CARREIRA DO DEMO-

### - ABSOLUTA -

26 AGOSTO 2017

CRONOMETRAXE

| POS. | P.CAT. | DORSAL | PARTICIPANTE                     | SEXO   | CATEGORIA | CLUB                   | META         | DIF 1º        | RITMO        |
|------|--------|--------|----------------------------------|--------|-----------|------------------------|--------------|---------------|--------------|
| 100  | 8      | 13     | BELLO NINE , ANA                 | FEMALE | CAT-I     | SD BARBANTIA RODA      | 00:34:03.947 | +00:12:32.650 | 05:07 min/Km |
| 101  | 3      | 91     | PEÑA VILLAMIDE , PAZ             | FEMALE | CAT-J     | TARTARUGAS             | 00:34:06.247 | +00:12:34.950 | 05:07 min/Km |
| 102  | 37     | 20     | CADABAL MARTINEZ , JUAN JESUS    | MALE   | CAT-D     | INDEPENDIENTE          | 00:34:22.707 | +00:12:51.410 | 05:10 min/Km |
| 103  | 9      | 21     | CALCULO SANTOS , MAR             | FEMALE | CAT-I     |                        | 00:34:23.117 | +00:12:51.820 | 05:10 min/Km |
| 104  | 5      | 86     | PAZ AYASO , JUAN MANUEL          | MALE   | CAT-B     |                        | 00:35:08.747 | +00:13:37.450 | 05:17 min/Km |
| 105  | 17     | 88     | PAZ MARTINEZ , JUAN MANUEL       | MALE   | CAT-E     |                        | 00:35:08.847 | +00:13:37.550 | 05:17 min/Km |
| 106  | 38     | 15     | BOO BOO , JUAN                   | MALE   | CAT-D     |                        | 00:35:14.827 | +00:13:43.530 | 05:18 min/Km |
| 107  | 39     | 4      | ALVAREZ RODRIGUEZ , MARCOS       | MALE   | CAT-D     | INDEPENDIENTE          | 00:35:24.617 | +00:13:53.320 | 05:19 min/Km |
| 108  | 4      | 96     | PRIETO VIEITES , LOURDES         | FEMALE | CAT-J     | ATLETISMO MILLADOIRO   | 00:35:31.517 | +00:14:00.220 | 05:20 min/Km |
| 109  | 40     | 9      | ARINES PIFERRER , JUSTO          | MALE   | CAT-D     | INDEPENDIENTE          | 00:36:20.907 | +00:14:49.610 | 05:28 min/Km |
| 110  | 41     | 99     | REINO RIO , CIPRIANO             | MALE   | CAT-D     | INDEPENDIENTE          | 00:36:21.467 | +00:14:50.170 | 05:28 min/Km |
| 111  | 24     | 37     | DOMINGUEZ RODRIGUEZ , MANUEL     | MALE   | CAT-C     | INDEPENDIENTE          | 00:37:07.997 | +00:15:36.700 | 05:35 min/Km |
| 112  | 10     | 1      | ACEITUNO CÁMARA , GEMA           | FEMALE | CAT-I     | ROSALES RUN            | 00:37:19.037 | +00:15:47.740 | 05:36 min/Km |
| 113  | 11     | 51     | FUENTES GONZALEZ , CAROLINA      | FEMALE | CAT-I     | INDEPENDIENTE          | 00:37:35.467 | +00:16:04.170 | 05:39 min/Km |
| 114  | 18     | 128    | VLLLANUSTRE ABUIN , GERMÁN       | MALE   | CAT-E     | SD BARBANTIA RODA      | 00:37:36.537 | +00:16:05.240 | 05:39 min/Km |
| 115  | 25     | 121    | VIDAL CASAIS , ALVARO            | MALE   | CAT-C     | INDEPENDIENTE          | 00:37:36.567 | +00:16:05.270 | 05:39 min/Km |
| 116  | 42     | 33     | CRUJEIRAS BARRAL , JOSE MENEUEL  | MALE   | CAT-D     |                        | 00:38:59.597 | +00:17:28.300 | 05:51 min/Km |
| 117  | 43     | 28     | CASTIÑEIRAS AYASO , MANUEL RAMÓN | MALE   | CAT-D     | SACHACAMIÑOS           | 00:39:50.227 | +00:18:18.930 | 05:59 min/Km |
| 118  | 3      | 23     | CALVO VITURRO , MOISES           | MALE   | CAT-A     | SD BARBANTIA RODA      | 00:39:55.197 | +00:18:23.900 | 05:60 min/Km |
| 119  | 12     | 101    | REY SALGUEIROS , YOLANDA         | FEMALE | CAT-I     |                        | 00:40:54.107 | +00:19:22.810 | 06:09 min/Km |
| 120  | 5      | 67     | LEMA RIBADAS , MARISA            | FEMALE | CAT-J     | INDEPENDIENTE          | 00:40:54.167 | +00:19:22.870 | 06:09 min/Km |
| 121  | 44     | 87     | PAZ CADABAL , ALFONSO            | MALE   | CAT-D     |                        | 00:41:32.967 | +00:20:01.670 | 06:14 min/Km |
| 122  | 45     | 89     | PAZ SANTOS , JUAN CARLOS         | MALE   | CAT-D     |                        | 00:42:19.667 | +00:20:48.370 | 06:21 min/Km |
| 123  | 19     | 75     | MATILLA GARCIA , JOSE CARLOS     | MALE   | CAT-E     |                        | 00:42:28.717 | +00:20:57.420 | 06:23 min/Km |
| 124  | 13     | 113    | SENANDE MEIJOME , MARIA JOSE     | FEMALE | CAT-I     | ATLETISMO DEZA         | 00:42:29.237 | +00:20:57.940 | 06:23 min/Km |
| 125  | 6      | 10     | AYASO BRETAL , MANOLA            | FEMALE | CAT-J     | INDEPENDIENTE          | 00:42:36.787 | +00:21:05.490 | 06:24 min/Km |
| DNS  |        | 48     | FONTENLA MUIÑO , MANUEL          | MALE   | CAT-E     | ATLETAS DE ACEA DE AMA |              |               |              |
| DNS  |        | 79     | MENDEZ TORRES , LUIS             | MALE   | CAT-D     |                        |              |               |              |
| DNS  |        | 84     | OVIEDO BATALLA , MARIA           | FEMALE | CAT-I     | ORIXINAL MGM TEAM      |              |               |              |
| DNS  |        | 108    | ROMERO VIÑAS , NATI              | FEMALE | CAT-I     | INDEPENDIENTE          |              |               |              |