

## XI CARREIRA POPULAR DE VEDRA - ABSOLUTA

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	META	RITMO
1	1	61	FERNANDEZ RODRIGUES JUAN PABLO	MALE	VETERAN 1	CLUB ATLETISMO SANTIAGO	00:25:17.033	03:23 min/Km
2	2	159	RIOS SANCHEZ GUSTAVO	MALE	VETERAN 1	USC	00:25:24.633	03:24 min/Km
3	1	1	ABAL CHAVES AMADEO	MALE	PROMESA	SAN MIGUEL DE MARIN	00:25:31.013	03:25 min/Km
4	1	35	CASTRO DIEGO	MALE	SENIOR	ATLETISMO NARÓN	00:26:01.403	03:29 min/Km
5	1	99	LOUZAO TATO JOSE LUIS	MALE	VETERAN 2	TRIATLON TRINITY	00:26:41.623	03:34 min/Km
6	3	21	BUJAN OTERO JOSE CARLOS	MALE	VETERAN 1	NOITEBRA F.C.	00:26:52.003	03:35 min/Km
7	2	171	RUIZ BUJAN JUAN LUIS	MALE	VETERAN 2	INDEPENDIENTE	00:27:07.903	03:38 min/Km
8	4	45	DAFONTE DIEGUEZ CRISTÓBAL	MALE	VETERAN 1	ESCOLA ATLETISMO DEZA	00:27:18.383	03:39 min/Km
9	2	92	LEMA SAAVEDRA ANXO	MALE	PROMESA	OLIMPICO DE VEDRA	00:27:22.463	03:39 min/Km
10	5	77	GARRIDO LAFUENTE CARLOS	MALE	VETERAN 1	SAN MIGUEL DE MARIN	00:27:29.693	03:40 min/Km
11	6	153	RENDO PEREZ MANUEL	MALE	VETERAN 1		00:27:30.173	03:41 min/Km
12	7	14	BARRAL VARELA JUAN JESÚS	MALE	VETERAN 1		00:27:34.523	03:41 min/Km
13	2	65	FRAGA ADRIO CARLOS	MALE	SENIOR	3&RUN	00:27:53.953	03:44 min/Km
14	1	137	PÉREZ PEREIRA RAMIRO	MALE	VETERAN 3	SAR VERMU PETRONI	00:27:58.473	03:44 min/Km
15	3	44	CREGO FERNANDEZ JACOBO	MALE	SENIOR	OLIMPICO DE VEDRA	00:27:59.643	03:44 min/Km
16	4	154	REQUEIJO REQUEIJO SERGIO	MALE	SENIOR	INDEPENDIENTE	00:28:00.653	03:45 min/Km
17	5	48	DIOS VICENTE ADRIÁN	MALE	SENIOR	INDEPENDIENTE	00:28:08.073	03:46 min/Km
18	8	140	PIÑEIRO GUILLÉN ÁNGEL	MALE	VETERAN 1	INDEPENDIENTE	00:28:09.593	03:46 min/Km
19	9	191	VALLE LOPEZ OSCAR	MALE	VETERAN 1	NOITEBRA FC	00:28:09.893	03:46 min/Km
20	6	85	GONZALEZ NUÑEZ JOSE LUIS	MALE	SENIOR	CLUB ATLETISMO BOIMORTO	00:28:11.413	03:46 min/Km
21	3	24	CABO LADEIRA RAFAEL	MALE	VETERAN 2	INDEPENDIENTE	00:28:17.533	03:47 min/Km
22	10	163	RODRÍGUEZ GARCÍA JULIO	MALE	VETERAN 1	CANCHA TEAM	00:28:18.813	03:47 min/Km
23	7	9	ARIAS ALVAREZ HUGO	MALE	SENIOR	CDM XESTEIRAS	00:28:23.383	03:48 min/Km
24	4	156	REY IGLESIAS FRANCISCO JAVIER	MALE	VETERAN 2	INDEPENDIENTE	00:28:25.903	03:48 min/Km
25	11	96	LOPEZ MENDUIÑA ALFONSO	MALE	VETERAN 1		00:28:28.273	03:48 min/Km
26	8	178	SENDON CAAMAÑO DAVID	MALE	SENIOR		00:28:29.453	03:48 min/Km
27	9	158	REY VALLADARES MANUEL	MALE	SENIOR	CLUB ATLETISMO ESTRADA	00:28:30.523	03:49 min/Km
28	12	118	NUÑEZ SEOANE JUAN	MALE	VETERAN 1	ATLETISMO A ESTRADA	00:28:32.763	03:49 min/Km
29	10	134	PENAS OTERO CRISTIAN	MALE	SENIOR	TRIATLÓN ARCADE INFORHOUSE	00:28:35.883	03:49 min/Km
30	2	122	OTERO CEPEDA XOSE LUIS	MALE	VETERAN 3	UNIVERSIDADE DE SANTIAGO	00:28:40.323	03:50 min/Km
31	13	195	VIDAL GONZALEZ JOSE ANTONIO	MALE	VETERAN 1		00:28:51.403	03:51 min/Km
32	5	186	TABOADA MILLAN CESAR	MALE	VETERAN 2	UNIVERSIDADE DE SANTIAGO	00:28:53.313	03:52 min/Km
33	14	60	FERNÁNDEZ RENDO JOSE ANTONIO	MALE	VETERAN 1	INDEPENDIENTE	00:28:58.693	03:52 min/Km
34	11	18	BOUZAS VILAS EMILIO	MALE	SENIOR		00:29:08.853	03:54 min/Km
35	15	180	SEOANE CARRILLO CARLOS	MALE	VETERAN 1		00:29:16.773	03:55 min/Km
36	16	73	GARCIA IGLESIAS JESUS	MALE	VETERAN 1	INDEPENDIENTE	00:29:27.273	03:56 min/Km

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POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	META	RITMO
37	17	189	TOIMIL CASTRO ALFONSO	MALE	VETERAN 1	ATLETISMO MILLADOIRO	00:29:28.393	03:56 min/Km
38	18	106	MARTINEZ SILVEIRA LUIS CLODOMIRO	MALE	VETERAN 1	ASOC. MONTAÑEIRO INDEPENDIENTES	00:29:32.063	03:57 min/Km
39	12	80	GOMEZ FERNANDEZ ADRIAN	MALE	SENIOR	INDEPENDIENTE	00:29:37.293	03:57 min/Km
40	19	32	CASAL SANTOS MARCOS	MALE	VETERAN 1	3 & RUNNERS	00:29:54.873	03:60 min/Km
41	13	100	MAGARIÑOS CONDE IVAN	MALE	SENIOR	CLUB DEPORTIVO SAN PAIO	00:30:06.223	04:01 min/Km
42	14	54	FERNÁNDEZ BRIONES ÁNGEL	MALE	SENIOR	CLUB ATLETISMO SANTIAGO	00:30:42.303	04:06 min/Km
43	20	151	REBOREDO FRAGA JOSÉ CARLOS	MALE	VETERAN 1		00:30:43.203	04:06 min/Km
44	6	193	VELEIRO DIAZ JORGE	MALE	VETERAN 2	VII LEGIO GÉMINA	00:30:44.513	04:06 min/Km
45	15	15	BELLO GRAIÑO DIEGO	MALE	SENIOR	INDEPENDIENTE	00:30:51.413	04:07 min/Km
46	16	111	MONTOUTO REQUEIJO DIEGO ARMANDO	MALE	SENIOR		00:30:52.373	04:07 min/Km
47	21	91	LAMELA MÉNDEZ MIGUEL	MALE	VETERAN 1	SAN FINS FLYERS	00:31:04.343	04:09 min/Km
48	17	42	COSTAS FERNANDEZ JOSE	MALE	SENIOR	INDEPENDIENTE	00:31:10.103	04:10 min/Km
49	22	115	NOGUEIRAS NODAR FRANCISCO	MALE	VETERAN 1	INDEPENDIENTE	00:31:10.693	04:10 min/Km
50	7	22	CABADO CASTRO XOSE	MALE	VETERAN 2	CLUB ATLETISMO SANTIAGO	00:31:17.163	04:11 min/Km
51	23	13	BARCALA PÉREZ CARLOS	MALE	VETERAN 1	ARTROGAL TRI498	00:31:43.033	04:14 min/Km
52	24	12	BARCALA CAMPOS ALBERTO	MALE	VETERAN 1	ESCOLA ATLETISMO DEZA	00:31:43.803	04:14 min/Km
53	8	64	FOLGOSO ROCHA MANUEL	MALE	VETERAN 2	VETERANOS OURENSE	00:31:44.173	04:14 min/Km
54	25	174	SANDE QUINTANS DANIEL	MALE	VETERAN 1	CLUB ATLETISMO ESTRADA	00:31:47.213	04:15 min/Km
55	9	69	GARCIA MARTINEZ EVARISTO	MALE	VETERAN 2	SAR VERMU PETRONI	00:31:50.363	04:15 min/Km
56	26	17	BLANCO FIGUEIRIDO MARCOS ANTONIO	MALE	VETERAN 1	C. A. OUTES JOHN TURKEY	00:31:55.473	04:16 min/Km
57	27	38	CÉSAR VILA ÁLVARO	MALE	VETERAN 1		00:32:03.013	04:17 min/Km
58	10	2	ABEL SUAREZ JOSE RAMON	MALE	VETERAN 2	NOITEBRA F.C.	00:32:12.143	04:18 min/Km
59	18	39	CHOREN SANMARTIN FELIPE	MALE	SENIOR	BICIOSOS RIAS BAIXAS P.C.	00:32:15.713	04:19 min/Km
60	19	138	PEREZ VALIN CARLOS	MALE	SENIOR	ZEPPELIN TORGUESA FINFLOOR	00:32:32.963	04:21 min/Km
61	3	131	PAZOS EIROA JUAN	MALE	PROMESA	GV SPORTS	00:32:41.213	04:22 min/Km
62	11	67	FREIRE ESPARÍS BENIGNO	MALE	VETERAN 2	INDEPENDIENTE	00:32:42.303	04:22 min/Km
63	20	184	SUÁREZ GIADÁS JAVIER	MALE	SENIOR		00:32:43.243	04:22 min/Km
64	21	168	ROMERO GONZÁLEZ JOSÉ	MALE	SENIOR	CLUB ATLETISMO OUTES	00:32:47.393	04:23 min/Km
65	28	194	VIANA LÓPEZ JULIO	MALE	VETERAN 1	INDEPENDIENTE	00:32:53.223	04:24 min/Km
66	3	36	CEPEDA GACIO FRANCISCO JAVIER	MALE	VETERAN 3	INDEPENDIENTE	00:33:06.843	04:25 min/Km
67	12	164	RODRIGUEZ JURJO VITOR MANUEL	MALE	VETERAN 2	QUESCREM	00:33:07.793	04:26 min/Km
68	29	29	CARTER BENJAMIN	MALE	VETERAN 1	ACADE	00:33:16.683	04:27 min/Km
69	22	30	CASAL COUTO FERNANDO	MALE	SENIOR	INDEPENDIENTE	00:33:18.143	04:27 min/Km
70	13	190	VALIÑO CEREIJO JOSE MANUEL	MALE	VETERAN 2	INDEPENDIENTE	00:33:20.653	04:27 min/Km
71	1	145	PRIETO SEÑARÍS MARTA	FEMALE	JUNIOR-F	CLUB ATLETISMO SANTIAGO	00:33:22.313	04:27 min/Km
72	23	167	RODRIGUEZ SERGIO	MALE	SENIOR	TEAM PAZO DE ANZUXAO	00:33:28.543	04:28 min/Km

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POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	META	RITMO
73	24	6	ALVITE DEL RIO ALEJO	MALE	SENIOR	OLIMPICO DE VEDRA	00:33:30.883	04:29 min/Km
74	30	23	CABANELAS EIRAS PABLO	MALE	VETERAN 1	OLIMPICO DE VEDRA	00:33:31.353	04:29 min/Km
75	2	50	EIRIS DEL RIO ANA	FEMALE	JUNIOR-F	CLUB DE ATLETISMO SANTIAGO	00:33:32.833	04:29 min/Km
76	14	75	GARCIA NUÑEZ SECHU	MALE	VETERAN 2	ATLETISMO NOIA	00:33:35.403	04:29 min/Km
77	31	105	MARTINEZ RICO ALBERTO	MALE	VETERAN 1	INDEPENDIENTE	00:33:36.413	04:29 min/Km
78	32	7	ANTELO VILAS ELISARDO	MALE	VETERAN 1	INDEPENDIENTE	00:33:37.683	04:30 min/Km
79	33	120	OLIVEIRA BOGA SERGIO	MALE	VETERAN 1	SAR VERMU PETRONI	00:33:38.223	04:30 min/Km
80	4	166	RODRIGUEZ RODRIGUEZ MANUEL	MALE	VETERAN 3	CLUB ATLETISMO DEZA	00:33:42.273	04:30 min/Km
81	1	86	GROBAS GARABOA MARÍA JOSÉ	FEMALE	VETERAN 1-F	CLUB ATLETISMO BOIMORTO	00:33:43.743	04:30 min/Km
82	34	3	ALDREY RAICES JOSÉ MANUEL	MALE	VETERAN 1	OS GAITEIROS NON PARAN	00:33:46.313	04:31 min/Km
83	35	143	PORTAS COSTA CARLOS	MALE	VETERAN 1	INDEPENDIENTE	00:33:47.073	04:31 min/Km
84	15	19	BROCOS MAREQUE EDUARDO	MALE	VETERAN 2		00:33:48.143	04:31 min/Km
85	36	125	PALACIOS MARTIN JESUS	MALE	VETERAN 1	CLUB ATLETISMO SANTIAGO	00:33:48.583	04:31 min/Km
86	25	81	GÓMEZ FRAIZ ROMÁN	MALE	SENIOR	CLUB ATLETISMO DEZA	00:33:53.453	04:32 min/Km
87	16	127	PANIAGUA MATEOS ROGELIO	MALE	VETERAN 2	CORRECAN	00:34:01.503	04:33 min/Km
88	37	192	VARELA CRESPO MARIO DANIEL	MALE	VETERAN 1	ATLETISMO ARENTEIRO	00:34:13.093	04:34 min/Km
89	38	170	ROMERO ROMERO FRANCISCO JAVIER	MALE	VETERAN 1	INDEPENDIENTE	00:34:13.583	04:34 min/Km
90	39	87	IGLESIAS TORRES JULIO	MALE	VETERAN 1		00:34:16.613	04:35 min/Km
91	26	144	PORTO CALVELO BRUNO	MALE	SENIOR	PRAIA DE CARNOTA RUNNERS	00:34:19.103	04:35 min/Km
92	1	25	CALVO MARTA SILVIA	FEMALE	VETERAN 2-F		00:34:26.933	04:36 min/Km
93	2	46	DE LA FUENTE IGLESIAS EVA	FEMALE	VETERAN 1-F	CLUB DEPORTIVO VAGALUME ENERGIA	00:34:28.713	04:36 min/Km
94	40	70	GARCIA ARES JOSÉ MANUEL	MALE	VETERAN 1	OS GAITEIROS NON PARAN	00:34:37.273	04:37 min/Km
95	17	142	PONTE LORENZO ARTURO	MALE	VETERAN 2	CORRECAN	00:34:37.923	04:38 min/Km
96	41	133	PENA BASCOY PACO	MALE	VETERAN 1	INDEPENDIENTE	00:34:38.513	04:38 min/Km
97	42	59	FERNANDEZ OLIVEIRA JUAN CARLOS	MALE	VETERAN 1	INDEPENDIENTE	00:34:43.483	04:38 min/Km
98	43	109	MELLA CALVO JORGE	MALE	VETERAN 1		00:34:47.353	04:39 min/Km
99	1	161	RODRIGUEZ BERNARDEZ OLIVIA	FEMALE	SENIOR-F		00:34:59.343	04:40 min/Km
100	27	155	REY IGLESIAS FERNANDO	MALE	SENIOR		00:34:59.453	04:40 min/Km
101	44	90	LAGARES CARRO MAXIMINO	MALE	VETERAN 1	ESPRINTES OURENSE	00:35:00.463	04:41 min/Km
102	45	162	RODRIGUEZ FRAMIL ALFONSO	MALE	VETERAN 1	INDEPENDIENTE	00:35:11.293	04:42 min/Km
103	46	34	CASTRO CASAL ANTONIO	MALE	VETERAN 1	INDEPENDIENTE	00:35:12.923	04:42 min/Km
104	47	175	SANMARTIN VIGO VICENTE	MALE	VETERAN 1	URBAN RUNNERS CLUB SANTIAGO	00:35:28.723	04:44 min/Km
105	18	74	GARCÍA MARÍN JORGE	MALE	VETERAN 2	INDEPENDIENTE	00:35:31.573	04:45 min/Km
106	28	117	NUÑEZ GAMALLO MANUEL	MALE	SENIOR		00:35:32.773	04:45 min/Km
107	19	104	MARTÍNEZ CORES SUSO	MALE	VETERAN 2		00:35:46.313	04:47 min/Km
108	20	124	PAINCEIRA FERRACES ALVARO	MALE	VETERAN 2		00:35:49.623	04:47 min/Km

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POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	META	RITMO
109	2	130	PAZOS ALBA	FEMALE	SENIOR-F	CLUBE ATLETISMO CAMBADOS	00:35:50.173	04:47 min/Km
110	48	135	PEREIRAS COUTO ALVARO	MALE	VETERAN 1		00:35:50.563	04:47 min/Km
111	21	82	GÓMEZ VIAÑO JOSÉ	MALE	VETERAN 2	INDEPENDIENTE	00:35:55.473	04:48 min/Km
112	49	71	GARCÍA BORRAZÁS ANTONIO	MALE	VETERAN 1	CORRECAN	00:36:02.553	04:49 min/Km
113	22	121	OTERO CEPEDA DANIEL ANGEL	MALE	VETERAN 2	INDEPENDIENTE	00:36:03.143	04:49 min/Km
114	29	26	CAMPAÑA BARROS ADRIÁN	MALE	SENIOR	INDEPENDIENTE	00:36:03.393	04:49 min/Km
115	3	97	LORENZO PÉREZ NATALIA	FEMALE	VETERAN 1-F	MILLADOIRO	00:36:12.483	04:50 min/Km
116	30	187	TAIBO MERA FRANCISCO	MALE	SENIOR		00:36:19.933	04:51 min/Km
117	31	116	NUÑEZ CAJARAVILLE ADRIAN	MALE	SENIOR	CDM XESTEIRAS	00:36:20.013	04:51 min/Km
118	4	147	PUENTE BLANCO NURIA	FEMALE	VETERAN 1-F	USC	00:36:22.753	04:52 min/Km
119	3	95	LOPEZ CAMBEIRO MIREIA	FEMALE	SENIOR-F	ESCOLA ATLETISMO DEZA	00:36:24.593	04:52 min/Km
120	23	62	FERNANDEZ-BARJA MARTINEZ JOSE CARLOS	MALE	VETERAN 2	CLUB ATLETISMO GALERAS	00:36:34.693	04:53 min/Km
121	4	169	ROMERO ONS LUCIA	FEMALE	SENIOR-F	CLUB ATLETISMO LOUSAME	00:36:40.303	04:54 min/Km
122	50	141	POMAR ARGIBAY ALEX	MALE	VETERAN 1	INDEPENDIENTE	00:36:44.183	04:54 min/Km
123	32	173	SANCHEZ GOMEZ RUBEN	MALE	SENIOR	NOITEBRA FC	00:36:47.953	04:55 min/Km
124	33	27	CAMPOS SANTIAGO ANGEL	MALE	SENIOR	C.D.PINARIUM	00:36:51.243	04:55 min/Km
125	34	181	SEOANE NIETO GONZALO	MALE	SENIOR	INDEPENDIENTE	00:36:56.853	04:56 min/Km
126	35	165	RODRIGUEZ LISTE JORGE	MALE	SENIOR	INDEPENDIENTE	00:36:59.783	04:56 min/Km
127	5	107	MARTÍNEZ-REBOREDO FERREIRO NATALIA	FEMALE	VETERAN 1-F	SAN FINS FLYERS	00:37:00.813	04:57 min/Km
128	6	28	CARIÑENA AMIGO PURI	FEMALE	VETERAN 1-F	CLUB ATLETISMO MILLARAIO	00:37:01.283	04:57 min/Km
129	36	40	CIBREIRO MENDEZ MIGUEL	MALE	SENIOR	INDEPENDIENTE	00:37:05.693	04:57 min/Km
130	2	16	BERNARDEZ PAJARO ISOLINA	FEMALE	VETERAN 2-F	CLUB ATLETISMO DEZA	00:37:23.633	04:60 min/Km
131	24	10	ARIAS RENDO JOSE MANUEL	MALE	VETERAN 2	INDEPENDIENTE	00:37:29.030	04:60 min/Km
132	25	84	GONZÁLEZ GONZÁLEZ CARLOS	MALE	VETERAN 2		00:37:30.413	05:01 min/Km
133	26	76	GARCÍA RODRÍGUEZ JOSÉ MANUEL	MALE	VETERAN 2	INDEPENDIENTE	00:37:47.263	05:03 min/Km
134	51	123	OUBEL VILLANUEVA JOSE MANUEL	MALE	VETERAN 1		00:37:48.503	05:03 min/Km
135	52	53	FEIJOO GARCIA LUIS	MALE	VETERAN 1	CLUB DE ATLETISMO FONTES DO SAR.	00:37:55.873	05:04 min/Km
136	27	4	ALFONSIN SOLIÑO GONZALO	MALE	VETERAN 2		00:38:03.463	05:05 min/Km
137	28	101	MARQUINA FUENTES JULIO	MALE	VETERAN 2		00:38:04.993	05:05 min/Km
138	53	8	ANTELO VILAS ROBERTO	MALE	VETERAN 1		00:38:06.473	05:05 min/Km
139	7	112	MORENO FERNÁNDEZ MARGA	FEMALE	VETERAN 1-F	INDEPENDIENTE	00:38:09.023	05:06 min/Km
140	8	129	PAREDES RODRÍGUEZ BEATRIZ	FEMALE	VETERAN 1-F	URBAN RUNNERS CLUB SANTIAGO	00:38:36.333	05:09 min/Km
141	1	31	CASAL LÓPEZ PATRICIA	FEMALE	PROMESA-F	3&RUN	00:38:36.633	05:09 min/Km
142	5	132	PEDROSA CARRETE MANUEL	MALE	VETERAN 3	URBAN RUNNERS CLUB SANTIAGO	00:38:38.483	05:10 min/Km
143	29	185	SUÁREZ PAZOS RAMÓN	MALE	VETERAN 2	URBAN RUNNERS CLUB SANTIAGO	00:38:40.243	05:10 min/Km
144	2	179	SENÍN GONZÁLEZ KATIA	FEMALE	PROMESA-F	OLIMPICO DE VEDRA	00:38:49.473	05:11 min/Km

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145	54	150	REBOREDO BECERRA JOSÉ MANUEL	MALE	VETERAN 1	INDEPENDIENTE	00:39:06.613	05:13 min/Km
146	5	114	NIETO PAZOS SUSANA	FEMALE	SENIOR-F	OLIMPICO DE VEDRA	00:39:15.983	05:15 min/Km
147	55	183	SOUTULLO SAMPEDRO JOSE MANUEL	MALE	VETERAN 1	INDEPENDIENTE	00:39:17.063	05:15 min/Km
148	6	93	LEÓN LÓPEZ JOSÉ LUIS	MALE	VETERAN 3		00:39:28.143	05:16 min/Km
149	7	139	PINEIRO IVÁN	MALE	VETERAN 3	INDEPENDIENTE	00:39:29.103	05:16 min/Km
150	56	136	PEREZ BOO FRANCISCO JAVIER	MALE	VETERAN 1		00:39:39.833	05:18 min/Km
151	30	37	CERNADAS MENDEZ JUAN MANUEL	MALE	VETERAN 2	INDEPENDIENTE	00:40:23.663	05:24 min/Km
152	1	146	PRIETO VIEITES LOURDES	FEMALE	VETERAN 3-F	ATLETISMO MILLADOIRO	00:40:36.023	05:25 min/Km
153	3	197	VIGO ANA	FEMALE	VETERAN 2-F	CLUB DE ATLETISMO FONTES DO SAR.	00:41:12.543	05:30 min/Km
154	9	152	REIMÓNDEZ CALVO SONIA MARÍA	FEMALE	VETERAN 1-F	CLUB ATLETISMO FONTES DO SAR	00:41:12.803	05:30 min/Km
155	37	52	FARIÑAS RIVEIRO ALBERTO	MALE	SENIOR	INDEPENDIENTE	00:41:13.203	05:30 min/Km
156	4	148	QUIREZA RAMOS M <sup>a</sup> ISABEL	FEMALE	VETERAN 2-F	CLUB DE ATLETISMO FONTES DO SAR.	00:41:16.913	05:31 min/Km
157	57	103	MARTINEZ CARRILLO CARLOS	MALE	VETERAN 1	INDEPENDIENTE	00:41:26.903	05:32 min/Km
158	3	176	SANTANA DELGADO PATRICIA DEL PILAR	FEMALE	JUNIOR-F	INDEPENDIENTE	00:41:36.873	05:33 min/Km
159	6	172	SANAMRTÍN RODRÍGUEZ NOEMI	FEMALE	SENIOR-F	INDEPENDIENTE	00:41:38.003	05:34 min/Km
160	5	56	FERNANDEZ GONZALEZ ANA	FEMALE	VETERAN 2-F	CLUB ATLETISMO MILLARAIO	00:41:38.363	05:34 min/Km
161	10	177	SESANDE MÉIJOME MARÍA JOSÉ	FEMALE	VETERAN 1-F	ESCOLA ATLETISMO DEZA	00:41:54.663	05:36 min/Km
162	7	72	GARCIA CASTELO MARIA	FEMALE	SENIOR-F	CLUB ATLETISMO LOUSAME	00:42:54.913	05:44 min/Km
163	11	57	FERNÁNDEZ MATÍAS ELENA	FEMALE	VETERAN 1-F	NOITEBRA F.C.	00:44:32.843	05:57 min/Km
164	38	98	LOSADA REGOS DIEGO	MALE	SENIOR		00:44:41.823	05:58 min/Km
165	8	41	CONSTENLA JUNQUERA OSCAR ANTONIO	MALE	VETERAN 3	INDEPENDIENTE	00:44:45.283	05:59 min/Km
166	12	83	GONZALEZ GARCIA CAROLINA	FEMALE	VETERAN 1-F	SAR VERMU PETRONI	00:44:46.553	05:59 min/Km
167	8	5	ALONSO SÁNCHEZ LIDIA	FEMALE	SENIOR-F	INDEPENDIENTE	00:45:05.463	06:01 min/Km
168	13	110	MIRAMONTES MIRÁS SALOMÉ	FEMALE	VETERAN 1-F		00:46:05.143	06:09 min/Km
169	9	196	VIEIRA CECILIA	FEMALE	SENIOR-F	CLUB DE ATLETISMO FONTES DO SAR.	00:46:11.083	06:10 min/Km
170	14	58	FERNÁNDEZ MATÍAS MARÍA J.	FEMALE	VETERAN 1-F	NOITEBRA F.C.	00:46:17.603	06:11 min/Km
171	10	11	BAÑA NIMO LAURA	FEMALE	SENIOR-F	INDEPENDIENTE	00:46:19.433	06:11 min/Km