

# IV DUATLON TRAIL DE RIBEIRA

## - INDIVIDUAL -

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	POS.	P.CAT.	BIKE		POS.	P.CAT.	RUN		POS.	P.CAT.	META
1	1	25	CALZAS INSUA DAVID	MALE	MALE	INDEPENDIENTE	1	1	00:57:13.663	18,9 Km/h	2	2	00:31:47.283	04:54 min/Km	1	1	01:29:00.947
2	2	17	BOUZA CANOSA CARLOS	MALE	MALE	CLUB CICLISTA FERROL	3	3	00:59:22.903	18,2 Km/h	3	3	00:32:33.213	05:01 min/Km	2	2	01:31:56.117
3	3	160	VILLANUEVA GÓMEZ JOSÉ RAMÓN	MALE	MALE	ARMENTEIRA E PUNTO	2	2	00:59:03.613	18,3 Km/h	9	9	00:34:20.350	05:17 min/Km	3	3	01:33:23.963
4	4	149	TOME SUAREZ JOSE MANUEL	MALE	MALE	TRIATLÓN COSTA DA MORTE	4	4	01:01:52.203	17,5 Km/h	7	7	00:33:40.250	05:11 min/Km	4	4	01:35:32.453
5	5	56	FERNANDEZ SAMPEDEDO JOSE MARIA	MALE	MALE	ARTROGAL TRI498	12	12	01:04:38.783	16,7 Km/h	4	4	00:32:44.610	05:03 min/Km	5	5	01:37:23.393
6	6	11	ASPEREZ DOPAZO DAVID	MALE	MALE	ARMENTEIRA E PUNTO	5	5	01:01:53.840	17,4 Km/h	19	19	00:36:44.610	05:40 min/Km	6	6	01:38:38.450
7	7	88	LIÑARES CUENCE PABLO	MALE	MALE		6	6	01:01:59.950	17,4 Km/h	23	23	00:36:58.923	05:42 min/Km	7	7	01:38:58.873
8	8	39	CASUSO CASTRO MANUEL	MALE	MALE	BIKESTRADA	7	7	01:02:41.540	17,2 Km/h	18	18	00:36:25.490	05:37 min/Km	8	8	01:39:07.030
9	9	19	BUJAN SANTOS EDUARDO	MALE	MALE	INDEPENDIENTE	9	9	01:04:05.883	16,8 Km/h	15	15	00:36:02.493	05:33 min/Km	9	9	01:40:08.377
10	10	40	CEPEDA REBOIRAS JUAN	MALE	MALE	TRIATLON RIVEIRA	18	18	01:06:16.553	16,3 Km/h	8	8	00:34:01.937	05:15 min/Km	10	10	01:40:18.490
11	11	32	CARRIZO RODRÍGUEZ MIGUEL	MALE	MALE	CLUB CICLISTA CORBELO	10	10	01:06:16.553	16,3 Km/h	16	16	00:36:04.647	05:34 min/Km	11	11	01:40:26.557
12	12	105	MENDEZ OROZA IVAN	MALE	MALE	C.C.FOZ-CEREZO BIKES	8	8	01:03:42.417	17,0 Km/h	20	20	00:36:48.390	05:40 min/Km	12	12	01:40:30.807
13	13	144	SIEIRA RIOS FERNANDO	MALE	MALE	CORUÑA COMARCA	23	23	01:06:57.670	16,1 Km/h	6	6	00:33:34.373	05:10 min/Km	13	13	01:40:32.043
14	14	34	CASAL REY ANTONIO	MALE	MALE	CLUB CICLISTA CORBELO	13	13	01:04:57.057	16,6 Km/h	17	17	00:36:13.243	05:35 min/Km	14	14	01:41:10.300
15	15	12	AYASO PÉREZ TEO	MALE	MALE	INDEPENDIENTE	21	21	01:06:50.680	16,2 Km/h	10	10	00:34:34.893	05:24 min/Km	15	15	01:41:25.573
16	16	93	LOPEZ MALLO MARCOS	MALE	MALE	INDEPENDIENTE	11	11	01:04:22.773	16,8 Km/h	24	24	00:37:08.737	05:43 min/Km	16	16	01:41:31.510
17	17	27	CANOSA LIRÉS MANUEL FRANCISCO	MALE	MALE	INDEPENDIENTE	20	20	01:06:43.757	16,2 Km/h	12	12	00:34:55.627	05:23 min/Km	17	17	01:41:39.383
18	18	104	MENDEZ MENDEZ JOSE RAFAEL	MALE	MALE	INDEPENDIENTE	37	37	01:10:21.630	15,3 Km/h	5	5	00:32:51.013	05:04 min/Km	18	18	01:43:12.643
19	19	120	PASANTES VIDAL ARTURO	MALE	MALE	INDEPENDIENTE	24	24	01:07:24.037	16,0 Km/h	14	14	00:35:59.207	05:33 min/Km	19	19	01:43:23.243
20	20	60	FERNÁNDEZ VIDAL PORFIRIO	MALE	MALE	C. T. POIO	28	28	01:08:00.523	15,9 Km/h	22	22	00:36:53.973	05:41 min/Km	20	20	01:44:54.497
21	21	62	FREIRE CALVO DIEGO	MALE	MALE	SUPERMERCADOS FROIZ, G.D.	26	26	01:07:47.233	15,9 Km/h	25	25	00:37:09.343	05:43 min/Km	21	21	01:44:56.577
22	22	96	MALLO NIETO JULIO	MALE	MALE	OLIMPICO DE VEDRA	31	31	01:08:55.690	15,7 Km/h	21	21	00:36:49.860	05:40 min/Km	22	22	01:45:45.550
23	23	76	GONZÁLEZ DÍAZ PAULO	MALE	MALE	CD. PINARIUM	19	19	01:06:16.673	16,3 Km/h	48	47	00:39:53.027	06:09 min/Km	23	23	01:46:09.700
24	24	92	LOPEZ FERNANDEZ JAIME PABLO	MALE	MALE	CLUB CICLISTA CORBELO	16	16	01:05:36.783	16,5 Km/h	58	57	00:40:42.127	06:16 min/Km	24	24	01:46:18.910
25	25	15	BLANCO LOPEZ ANTONIO	MALE	MALE	INDEPENDIENTE	17	17	01:06:08.613	16,3 Km/h	63	62	00:41:12.040	06:21 min/Km	25	25	01:47:20.653
26	26	164	YUBERO SOTO IVÁN	MALE	MALE	C.C.MARÍN	29	29	01:08:05.503	15,9 Km/h	50	49	00:40:01.927	06:10 min/Km	26	26	01:48:07.430
27	27	145	SUAREZ FERNANDEZ CELSO	MALE	MALE	TRINITY TRIATLON	32	32	01:09:13.977	15,6 Km/h	39	39	00:39:18.753	06:03 min/Km	27	27	01:48:32.730
28	28	112	MUÑIZ NIETO JUAN CARLOS	MALE	MALE	TEAM CORBELO	15	15	01:05:13.607	16,6 Km/h	77	76	00:43:39.250	06:43 min/Km	28	28	01:48:52.857
29	29	35	CASTIÑEIRAS MIGUEZ VICTOR M.	MALE	MALE	BTTAVERNAS	45	45	01:11:20.373	15,1 Km/h	27	27	00:37:40.463	05:48 min/Km	29	29	01:49:00.837
30	30	61	FERREIRO PAJUELO ANTONIO	MALE	MALE	CLUB DEPORTIVO PINARIUM	36	36	01:10:02.363	15,4 Km/h	35	35	00:39:01.650	06:01 min/Km	30	30	01:49:04.013
31	31	85	JUANATEY GARCIA CARLOS	MALE	MALE	ARTROGAL TRI 498	64	63	01:14:22.667	14,5 Km/h	11	11	00:34:42.030	05:21 min/Km	31	31	01:49:04.697
32	32	132	PRIETO CAAMAÑO JAIRO	MALE	MALE	TRIATLÓN COSTA DA MORTE	33	33	01:09:19.477	15,6 Km/h	45	44	00:39:46.023	06:08 min/Km	32	32	01:49:05.500
33	33	123	PENEDO TABOADA MIGUEL	MALE	MALE		52	51	01:13:15.087	14,7 Km/h	13	13	00:35:54.847	05:32 min/Km	33	33	01:49:09.933
34	34	64	GARCIA BLANCO CARLOS	MALE	MALE	CLUB TRIATLON POIO	27	27	01:07:54.823	15,9 Km/h	64	63	00:41:21.783	06:22 min/Km	34	34	01:49:16.607
35	35	161	VILLANUEVA PEREZ RUBEN	MALE	MALE	CLUB DEPORTIVO PINARIUM	35	35	01:09:41.057	15,5 Km/h	43	42	00:39:40.317	06:07 min/Km	35	35	01:49:21.373
36	36	50	DIZ FERREIRA DAVID	MALE	MALE	INDEPENDIENTE	38	38	01:10:28.060	15,3 Km/h	34	34	00:38:56.013	05:56 min/Km	36	36	01:49:24.073
37	37	140	SAMPEDRO GUDE JOSE	MALE	MALE	NATURAL OUTDOOR	39	39	01:10:29.060	15,3 Km/h	36	36	00:39:03.223	06:01 min/Km	37	37	01:49:32.283
38	38	111	MUÑIZ HERMO MIGUEL	MALE	MALE	OS AFORCADOS MTB	22	22	01:06:53.260	16,1 Km/h	75	74	00:43:06.843	06:38 min/Km	38	38	01:50:00.103
39	39	9	ARES GARCÍA MARIO	MALE	MALE		44	44	01:11:11.953	15,2 Km/h	44	43	00:39:42.763	06:07 min/Km	39	39	01:50:54.717
40	40	1	AGRASO TORES ALFONSO	MALE	MALE	PAPA, O CAN É NOSO	40	40	01:10:29.410	15,3 Km/h	60	59	00:40:42.593	06:16 min/Km	40	40	01:51:12.003
41	41	23	CALVO CASTRO IVÁN	MALE	MALE	INDEPENDIENTE	47	47	01:12:26.710	14,9 Km/h	31	31	00:38:50.600	05:59 min/Km	41	41	01:51:17.310
42	42	100	MARTINEZ FANDIÑO ADRIAN	MALE	MALE	DENOCIÑAS BTT	42	42	01:10:57.367	15,2 Km/h	53	52	00:40:25.857	06:14 min/Km	42	42	01:51:23.223
43	43	46	DÍAZ FERNÁNDEZ FRANCISCO	MALE	MALE	INDEPENDIENTE	43	43	01:11:11.300	15,2 Km/h	52	51	00:40:17.997	06:12 min/Km	43	43	01:51:29.297

# IV DUATLON TRAIL DE RIBEIRA

## - INDIVIDUAL -

29 NOVIEMBRE 2015

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	POS.	P.CAT.	BIKE	POS.	P.CAT.	RUN	POS.	P.CAT.	META
44	44	7	ANTELO MARTÍNEZ JOSÉ RAMÓN	MALE	MALE	NOELA	53	52	01:13:15.497	14,7 Km/h	29	29	00:38:27.167	05:55 min/Km	44 44 01:51:42.663
45	45	129	PESQUEIRA FARIÑA OMAR	MALE	MALE	BTTROPA DO CARALLO	25	25	01:07:24.727	16,0 Km/h	85	84	00:44:22.037	06:50 min/Km	45 45 01:51:46.763
46	46	103	MATA CASAL JAIME	MALE	MALE	OS DO MONTE BRAVO	46	46	01:12:23.470	14,9 Km/h	42	41	00:39:33.093	06:06 min/Km	46 46 01:51:56.563
47	47	13	BALSA CASTRO ALEJANDRO	MALE	MALE	INDEPENDIENTE	59	58	01:13:34.377	14,7 Km/h	30	30	00:38:36.483	05:57 min/Km	47 47 01:52:10.860
48	1	89	LOIS GARCIA LARA	FEMALE	FEMALE	GV SPORTS	48	1	01:12:57.580	14,8 Km/h	41	1	00:39:21.113	06:04 min/Km	48 1 01:52:18.693
49	48	3	ALCALDE RESUA OSCAR	MALE	MALE	SD BARBANTIA RODA	48	48	01:12:57.580	14,8 Km/h	49	48	00:39:56.357	06:09 min/Km	49 48 01:52:53.937
50	49	26	CAMPAÑA PARADA JESUS	MALE	MALE	INDEPENDIENTE	60	59	01:14:02.393	14,6 Km/h	32	32	00:38:51.773	05:59 min/Km	50 49 01:52:54.167
51	50	133	RAMOS FRAGA DAVID	MALE	MALE	CLUB DEL MAR DE MUGARDOS	30	30	01:08:15.310	15,8 Km/h	90	88	00:45:13.567	06:58 min/Km	51 50 01:53:28.877
52	51	90	LÓPEZ SUAREZ MANUEL	MALE	MALE	MONTAEVAI O PINO	55	54	01:13:23.767	14,7 Km/h	51	50	00:40:10.290	06:11 min/Km	52 51 01:53:34.057
53	52	121	PEDROSA MAYO JOSÉ MANUEL	MALE	MALE	ARTROGAL TRI 498	62	61	01:14:15.257	14,5 Km/h	46	45	00:39:47.020	06:08 min/Km	53 52 01:54:02.277
54	53	10	ARZA PARRACIA OSCAR	MALE	MALE	AVIVA SPORT CLUB	73	72	01:16:42.300	14,1 Km/h	28	28	00:38:07.280	05:52 min/Km	54 53 01:54:49.580
55	54	49	DIOS REY ANDRES	MALE	MALE	CUROTIÑA	41	41	01:10:56.630	15,2 Km/h	78	77	00:43:55.040	06:46 min/Km	55 54 01:54:51.670
56	55	128	PERNAS VAZQUEZ JOSÉ MANUEL	MALE	MALE	PEÑA LAR	54	53	01:13:19.117	14,7 Km/h	65	64	00:41:40.283	06:25 min/Km	56 55 01:54:59.400
57	56	127	PERMUY VAZQUEZ MIGUEL	MALE	MALE	CLUB DEL MAR DE MUGARDOS	68	67	01:14:41.387	14,5 Km/h	55	54	00:40:30.773	06:14 min/Km	57 56 01:55:12.160
58	57	22	CACHO MISQUERA JAVIER	MALE	MALE	SCHOOL RIDERS TEAM	65	64	01:14:29.397	14,5 Km/h	61	60	00:40:47.343	06:17 min/Km	58 57 01:55:16.740
59	58	126	PEREZ SANTIAGO EMILIO	MALE	MALE	C.C. RIAZOR	50	49	01:13:05.623	14,8 Km/h	70	69	00:42:12.157	06:30 min/Km	59 58 01:55:17.780
60	59	94	LORENZO FERNANDEZ BRAIS	MALE	MALE	CASTRO BARBUDO	56	55	01:13:28.077	14,7 Km/h	66	65	00:41:52.113	06:27 min/Km	60 59 01:55:20.190
61	60	48	DIOS GARCIA RICARDO	MALE	MALE	DENOCIÑAS BTT	115	112	01:31:22.103	11,8 Km/h	1	1	00:24:18.433	03:45 min/Km	61 60 01:55:40.537
62	61	70	GÓMEZ FREIRE ALVARO	MALE	MALE	RIBEIRAS DO TAMBRE	57	56	01:13:29.077	14,7 Km/h	73	72	00:42:43.817	06:35 min/Km	62 61 01:56:12.893
63	62	42	COMESAÑA LAGO BORJA	MALE	MALE	INDEPENDIENTE	66	65	01:14:33.307	14,5 Km/h	68	67	00:42:04.017	06:29 min/Km	63 62 01:56:37.323
64	63	110	MOSQUERA MONTEAGUDO MANUEL	MALE	MALE	OS DO MONTE BRAVO	67	66	01:14:37.007	14,5 Km/h	69	68	00:42:05.613	06:29 min/Km	64 63 01:56:42.620
65	64	106	MERA ALONSO JOSE MANUEL	MALE	MALE	Cidade de Lugo Fluvial	63	62	01:14:19.157	14,5 Km/h	71	70	00:42:23.710	06:32 min/Km	65 64 01:56:42.867
66	65	52	DOMINGUEZ VILA PABLO	MALE	MALE	VIGOENTRENA	78	77	01:18:03.643	13,8 Km/h	33	33	00:38:51.840	05:59 min/Km	66 65 01:56:55.483
67	66	152	TRILLO BLANCO ANGEL	MALE	MALE		79	78	01:18:04.157	13,8 Km/h	37	37	00:39:08.413	06:02 min/Km	67 66 01:57:12.570
68	67	119	PEREDAS GONZALEZ CARLOS	MALE	MALE		76	75	01:17:47.223	13,9 Km/h	47	46	00:39:50.217	06:08 min/Km	68 67 01:57:37.440
69	68	16	BLANCO TOME ANGEL	MALE	MALE	NATURAL OUTDOOR	34	34	01:09:32.987	15,5 Km/h	114	110	00:48:06.147	07:25 min/Km	69 68 01:57:39.133
70	69	154	TUBIO DAVILA JOSE	MALE	MALE	PORTELA MTB	61	60	01:14:11.693	14,6 Km/h	79	78	00:43:56.250	06:46 min/Km	70 69 01:58:07.943
71	70	108	MIRA IGLESIAS JUAN MANUEL	MALE	MALE	ARTROGAL TRI498	77	76	01:17:49.483	13,9 Km/h	54	53	00:40:28.993	06:14 min/Km	71 70 01:58:18.477
72	71	78	GONZALEZ GONZALEZ ALBERTO	MALE	MALE	C.D. RIA DE AROUSA	75	74	01:16:50.547	14,1 Km/h	67	66	00:41:53.293	06:27 min/Km	72 71 01:58:43.840
73	72	136	RODRIGUEZ FREIRIA ISAAC	MALE	MALE	INDEPENDIENTE	80	79	01:18:18.893	13,8 Km/h	56	55	00:40:37.810	06:16 min/Km	73 72 01:58:56.703
74	73	21	CACHARRÓN ARMENTAL CARLOS	MALE	MALE	3&RUN ANOVA TEAM	51	50	01:13:10.917	14,8 Km/h	103	101	00:46:39.463	07:11 min/Km	74 73 01:59:50.380
75	74	29	CAPON SANCHEZ MIGUEL ANGEL	MALE	MALE	CLUB CICLISTA CORBELO	69	68	01:14:56.427	14,4 Km/h	89	87	00:45:00.223	06:56 min/Km	75 74 01:59:56.650
76	75	4	ALONSO RODRIGUEZ ALEJANDRO	MALE	MALE		86	85	01:19:43.967	13,5 Km/h	57	56	00:40:42.000	06:16 min/Km	76 75 02:00:25.967
77	76	72	GOMEZ JARDON ARMANDO	MALE	MALE		85	84	01:19:43.883	13,5 Km/h	59	58	00:40:42.367	06:16 min/Km	77 76 02:00:26.250
78	77	101	MARTINEZ FANDIÑO DIEGO	MALE	MALE	DENOCIÑAS BTT	58	57	01:13:29.607	14,7 Km/h	111	107	00:47:32.997	07:19 min/Km	78 77 02:01:02.603
79	78	158	VAZQUEZ SANTOS ASIER	MALE	MALE	INDEPENDIENTE	91	90	01:20:14.423	13,5 Km/h	62	61	00:41:09.247	06:20 min/Km	79 78 02:01:23.670
80	79	57	FERNÁNDEZ SÁNCHEZ DAVID	MALE	MALE	3&RUN	84	83	01:19:38.683	13,6 Km/h	72	71	00:42:30.757	06:33 min/Km	80 79 02:02:09.440
81	80	87	LAIÑO SILVA VICTOR	MALE	MALE	NATURAL OUTDOOR	83	82	01:19:26.593	13,6 Km/h	74	73	00:42:46.023	06:35 min/Km	81 80 02:02:12.617
82	81	147	TAJUELO GIL ALFONSO	MALE	MALE	C.M. MUGARDOS PULPEIROS BTT	72	71	01:16:39.643	14,1 Km/h	94	92	00:45:37.787	07:02 min/Km	82 81 02:02:17.430
83	82	170	FERNANDEZ ANTELO FRANCISCO	MALE	MALE	INDEPENDIENTE	71	70	01:15:54.663	14,2 Km/h	99	97	00:46:23.037	07:09 min/Km	83 82 02:02:17.700
84	83	31	CARNOTA GARCIA JOAQUIN	MALE	MALE	3&RUN	70	69	01:14:57.957	14,4 Km/h	109	105	00:47:20.733	07:18 min/Km	84 83 02:02:18.690
85	84	45	DEL RIO VIAÑO ROBERTO	MALE	MALE	BTT RIBEIRAS DO TAMBRE	81	80	01:19:00.287	13,7 Km/h	80	79	00:44:00.850	06:47 min/Km	85 84 02:03:01.137
86	85	82	INSUA PEDROSA PABLO	MALE	MALE	ARTROGAL 498	103	102	01:26:38.997	12,5 Km/h	26	26	00:37:28.427	05:46 min/Km	86 85 02:04:07.423

# IV DUATLON TRAIL DE RIBEIRA

## - INDIVIDUAL -

29 NOVIEMBRE 2015

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	POS.	P.CAT.	BIKE	POS.	P.CAT.	RUN	POS.	P.CAT.	META
87	86	130	PIÑEIRO TOMAS EMILIO	MALE	MALE	ARMENTEIRAEPUNTO	88	87	01:20:08.533	13,5 Km/h	82	81	00:44:11.757	06:48 min/Km	87 86 02:04:20.290
88	87	53	DOMINUGEZ SEQUEIROS OSCAR	MALE	MALE	INDEPENDIENTE	82	81	01:19:06.857	13,7 Km/h	92	90	00:45:23.493	06:59 min/Km	88 87 02:04:30.350
89	88	44	DE LA IGLESIA MAXI	MALE	MALE	TRIATLÓN O TREITO	14	14	01:05:07.787	16,6 Km/h	140	132	00:59:26.467	09:09 min/Km	89 88 02:04:34.253
90	89	8	ARCA PEDRIDO MANOLO	MALE	MALE	ARTROGAL TRI 498	90	89	01:20:13.190	13,5 Km/h	91	89	00:45:17.237	06:59 min/Km	90 89 02:05:30.427
91	90	135	RIOL CAÑEDO JOSE CARLOS	MALE	MALE	CC ORENSANO	87	86	01:20:04.213	13,5 Km/h	93	91	00:45:31.350	07:01 min/Km	91 90 02:05:35.563
92	91	163	VITURRO GONZALEZ JOSE MANUEL	MALE	MALE		93	92	01:21:14.543	13,3 Km/h	88	86	00:44:52.920	06:55 min/Km	92 91 02:06:07.463
93	92	98	MARQUEZ SANCHEZ XABIER	MALE	MALE	C.C. CORBELO PORTONOVO	92	91	01:21:07.800	13,3 Km/h	107	103	00:47:16.393	07:17 min/Km	93 92 02:08:24.193
94	93	156	VAZQUEZ DE PARGA BENITEZ ANTONIO	MALE	MALE	RIBEIRAS DO TAMBRE	109	106	01:29:45.803	12,0 Km/h	38	38	00:39:13.600	06:03 min/Km	94 93 02:08:59.403
95	94	146	TABOADA ALVAREZ JOSE MANUEL	MALE	MALE		96	95	01:22:41.707	13,1 Km/h	100	98	00:46:31.927	07:10 min/Km	95 94 02:09:13.633
96	95	141	SAMPEDRO PEREZ JOSE MANUEL	MALE	MALE	INDEPENDIENTE	95	94	01:22:11.150	13,1 Km/h	104	102	00:47:03.243	07:15 min/Km	96 95 02:09:14.393
97	96	113	MUÑIZ VILAR JOSE BENITO	MALE	MALE		94	93	01:21:52.447	13,2 Km/h	110	106	00:47:22.310	07:18 min/Km	97 96 02:09:14.757
98	97	109	MORAÑA CABO JACOB	MALE	MALE	INDEPENDIENTE	101	100	01:23:36.443	12,9 Km/h	95	93	00:45:38.610	07:02 min/Km	98 97 02:09:15.053
99	98	134	RAMOS MATO RAMON	MALE	MALE	BIKESTRADA NR	89	88	01:20:11.053	13,5 Km/h	123	116	00:49:46.167	07:40 min/Km	99 98 02:09:57.220
100	99	66	GARCÍA GARCÍA DANIEL	MALE	MALE	INDEPENDIENTE	113	110	01:31:00.373	11,9 Km/h	40	40	00:39:20.753	06:04 min/Km	100 99 02:10:21.127
101	100	142	SARMIENTO VAZQUEZ AGUSTIN	MALE	MALE	DENOCIÑAS BTT	74	73	01:16:47.930	14,1 Km/h	125	118	00:53:34.367	08:15 min/Km	101 100 02:10:22.297
102	101	86	KIENAST SIMON	MALE	MALE	INDEPENDIENTE	102	101	01:24:19.183	12,8 Km/h	97	95	00:46:08.273	07:06 min/Km	102 101 02:10:27.457
103	102	122	PENEDO TABOADA MARCOS	MALE	MALE		97	96	01:23:28.087	12,9 Km/h	108	104	00:47:19.620	07:17 min/Km	103 102 02:10:47.707
104	2	131	PORTELA GONZÁLEZ NOELIA	FEMALE	FEMALE	BIKE O FACHO	105	2	01:27:58.280	12,3 Km/h	105	3	00:47:03.700	07:15 min/Km	104 2 02:15:01.980
105	103	80	HERRÉTES Balsa GERMAN ALEXANDER	MALE	MALE		107	105	01:28:32.253	12,2 Km/h	115	111	00:48:13.120	07:26 min/Km	105 103 02:16:45.373
106	104	38	CASTRO RIAL ALBERTO	MALE	MALE	INDEPENDIENTE	106	104	01:28:19.430	12,2 Km/h	121	115	00:49:12.317	07:35 min/Km	106 104 02:17:31.747
107	105	54	DUARTE MEIS MIGUEL	MALE	MALE	TEAM CORBELO	99	98	01:23:31.057	12,9 Km/h	127	120	00:54:20.607	08:22 min/Km	107 105 02:17:51.663
108	106	115	NOVO PEREIRA LORENZO	MALE	MALE		122	118	01:33:32.193	11,5 Km/h	86	85	00:44:25.923	06:51 min/Km	108 106 02:17:58.117
109	107	114	NOVO MARTÍNEZ DAVID	MALE	MALE	ARTROGAL TRI498	123	119	01:33:37.693	11,5 Km/h	83	82	00:44:20.830	06:50 min/Km	109 107 02:17:58.523
110	3	102	MARTÍNEZ MÁRQUEZ NOELIA	FEMALE	FEMALE	BIKE OU NON VAI	108	3	01:29:38.080	12,0 Km/h	118	6	00:48:47.330	07:31 min/Km	110 3 02:18:25.410
111	108	138	RODRIGUEZ PUGA JUAN MANUEL	MALE	MALE	NOSPORTLIMIT TREK GALICIA	110	107	01:29:53.730	12,0 Km/h	116	112	00:48:31.923	07:28 min/Km	111 108 02:18:25.653
112	109	125	PÉREZ NOVOA ANTONIO	MALE	MALE	VIGOENTRENA	124	120	01:34:20.473	11,4 Km/h	81	80	00:44:06.160	06:48 min/Km	112 109 02:18:26.633
113	110	124	PEREZ IVAN	MALE	MALE	TEAM CORBELO	98	97	01:23:30.993	12,9 Km/h	130	123	00:55:09.810	08:30 min/Km	113 110 02:18:40.803
114	111	81	IGLESIAS CASTRO HORACIO	MALE	MALE	3&RUN BY PEDRO NIMO CLUB DE CORREDORES	100	99	01:23:31.993	12,9 Km/h	132	124	00:55:25.323	08:32 min/Km	114 111 02:18:57.317
115	112	143	SENDINO LAMELA JUAN IGNACIO	MALE	MALE	BTT ULTREIA	118	115	01:32:38.210	11,7 Km/h	98	96	00:46:19.510	07:08 min/Km	115 112 02:18:57.720
116	113	97	MANGADO DE LA FUENTE FERNANDO	MALE	MALE		114	111	01:31:18.517	11,8 Km/h	113	109	00:47:54.443	07:23 min/Km	116 113 02:19:12.960
117	4	2	AGUÍN TRELLES MARGARITA	FEMALE	FEMALE	C.D. RIA DE AROUSA	121	4	01:33:29.933	11,6 Km/h	106	4	00:47:04.617	07:15 min/Km	117 4 02:20:34.550
118	114	157	VAZQUEZ LOPEZ ALBERTO	MALE	MALE	INDEPENDIENTE	116	113	01:32:25.763	11,7 Km/h	119	113	00:49:05.307	07:34 min/Km	118 114 02:21:31.070
119	5	77	GONZÁLEZ GOCE LAURA	FEMALE	FEMALE	COUTADAS TRAIL TEAM	126	5	01:37:01.547	11,1 Km/h	87	2	00:44:33.933	06:52 min/Km	119 5 02:21:35.480
120	115	99	MARTÍNEZ COMESAÑA LUIS ENRIQUE	MALE	MALE	COUTADAS TRAIL TEAM	127	122	01:37:14.757	11,1 Km/h	84	83	00:44:20.993	06:50 min/Km	120 115 02:21:35.750
121	116	116	NUÑEZ VARELA GONZALO	MALE	MALE	INDEPENDIENTE	125	121	01:36:37.937	11,2 Km/h	96	94	00:45:54.500	07:04 min/Km	121 116 02:22:32.437
122	117	67	GARCÍA VÁZQUEZ MANUEL	MALE	MALE	INDEPENDIENTE	128	123	01:37:42.473	11,1 Km/h	101	99	00:46:35.387	07:11 min/Km	122 117 02:24:17.860
123	118	148	TEIJO LISTA DAVID	MALE	MALE	C.M PULPEIROS BTT	104	103	01:27:09.053	12,4 Km/h	135	127	00:58:44.153	09:03 min/Km	123 118 02:25:53.207
124	119	74	GONZALEZ ARES ALEJANDRO	MALE	MALE	C.M.PULPEIROS BTT	112	109	01:30:12.860	12,0 Km/h	133	125	00:55:41.017	08:35 min/Km	124 119 02:25:53.877
125	120	75	GONZALEZ BARROS SAMUEL	MALE	MALE	INDEPENDIENTE	132	127	01:40:50.420	10,7 Km/h	112	108	00:47:45.183	07:21 min/Km	125 120 02:28:35.603
126	121	28	CAO DIAZ IVAN	MALE	MALE	DO MAR DE MUGARDOS PULPEIROS BTT	111	108	01:30:11.670	12,0 Km/h	136	128	00:58:44.643	09:03 min/Km	126 121 02:28:56.313
127	122	20	CABALEIRO PÉREZ ISMAEL	MALE	MALE		131	126	01:40:50.223	10,7 Km/h	120	114	00:49:09.857	07:34 min/Km	127 122 02:30:00.080
128	123	79	GONZALEZ MENDEZ OSCAR	MALE	MALE	MARZO SAUDE	137	132	01:43:57.050	10,4 Km/h	102	100	00:46:36.933	07:11 min/Km	128 123 02:30:33.983
129	124	84	JAMARDO MIGUENS JUAN	MALE	MALE	INDEPENDIENTE	119	116	01:32:39.287	11,7 Km/h	137	129	00:59:01.163	09:05 min/Km	129 124 02:31:40.450

# IV DUATLON TRAIL DE RIBEIRA

## - INDIVIDUAL -

29 NOVIEMBRE 2015

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	POS.	P.CAT.	BIKE		POS.	P.CAT.	RUN		POS.	P.CAT.	META
130	125	14	BARREIRO GOMEZ DIEGO	MALE	MALE	MTB CABEZON DE LA SAL	117	114	01:32:31.090	11,7 Km/h	139	131	00:59:10.140	09:07 min/Km	130	125	02:31:41.230
131	126	83	JAMARDO MIGUENS JORGE	MALE	MALE	INDEPENDIENTE	120	117	01:32:39.290	11,7 Km/h	138	130	00:59:02.023	09:05 min/Km	131	126	02:31:41.313
132	127	55	FERNANDEZ LORES BRUNO	MALE	MALE	C.D. RIA DE AROUSA	139	134	01:49:41.620	9,8 Km/h	76	75	00:43:32.047	06:42 min/Km	132	127	02:33:13.667
133	128	5	ALVAREZ RODRIGUEZ MARCOS	MALE	MALE	INDEPENDIENTE	130	125	01:40:14.453	10,8 Km/h	128	121	00:54:35.867	08:24 min/Km	133	128	02:34:50.320
134	129	51	DOMINGUEZ RIVERO ANXO	MALE	MALE	VIGOENTRENA	138	133	01:43:58.677	10,4 Km/h	124	117	00:52:48.047	08:08 min/Km	134	129	02:36:46.723
135	130	41	CISPIN OTERO JOSE	MALE	MALE	VIGOENTRENA	135	130	01:42:43.157	10,5 Km/h	126	119	00:54:03.657	08:20 min/Km	135	130	02:36:46.813
136	131	159	VILARIÑO CUTRÍN FELIPE	MALE	MALE	INDEPENDIENTE	134	129	01:42:22.127	10,6 Km/h	129	122	00:54:36.767	08:25 min/Km	136	131	02:36:58.893
137	132	153	TRIÑANES PIÑEIRO JOSE MANUEL	MALE	MALE	INDEPENDIENTE	129	124	01:38:01.803	11,0 Km/h	141	133	01:00:06.217	09:15 min/Km	137	132	02:38:08.020
138	6	68	GARRIDO MIGUEZ MARA	FEMALE	FEMALE	C.D. RIA DE AROUSA	140	6	01:49:44.827	9,8 Km/h	122	7	00:49:30.530	07:38 min/Km	138	6	02:39:15.357
139	133	150	TORO FERNÁNDEZ MARCOS	MALE	MALE		136	131	01:43:53.057	10,4 Km/h	142	134	01:00:51.520	09:22 min/Km	139	133	02:44:44.577
140	134	107	MINIÑO CARBALLA JORGE	MALE	MALE	INDEPENDIENTE	133	128	01:40:51.020	10,7 Km/h	143	135	01:04:06.227	09:52 min/Km	140	134	02:44:57.247
141	7	151	TOUZA ALARCON LORENA	FEMALE	FEMALE		141	7	01:57:39.633	9,2 Km/h	131	8	00:55:24.663	08:32 min/Km	141	7	02:53:04.297
142	135	117	OTERO LEMA ENRIQUE	MALE	MALE	INDEPENDIENTE	142	135	02:01:21.150	8,9 Km/h	134	126	00:58:36.237	09:01 min/Km	142	135	02:59:57.387
143	8	30	CARBALLEIRA CAMINO	FEMALE	FEMALE	VIGOENTRENA	143	8	02:11:23.960	8,2 Km/h	117	5	00:48:36.537	07:29 min/Km	143	8	03:00:00.497