

- ABSOLUTA -

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	DIFF.	RITMO
1	1	418	GONZALEZ VALLEJO , MANUEL	MALE	ABSOLUTA-M		00:29:04.267		03:47 min/Km
2	2	435	REQUEIJO REQUEIJO , SERGIO	MALE	ABSOLUTA-M	AZERVAÑAN	00:30:40.197	+00:01:35.930	03:59 min/Km
3	3	434	RENDO PÉREZ , JESÚS	MALE	ABSOLUTA-M		00:31:04.687	+00:02:00.420	04:03 min/Km
4	4	411	FERNÁNDEZ RODRIGUES , JUAN PABLO	MALE	ABSOLUTA-M	ATLETISMO SANTIAGO	00:31:13.597	+00:02:09.330	04:04 min/Km
5	5	402	ARIAS ALVAREZ , HUGO	MALE	ABSOLUTA-M	CDM XESTEIRAS	00:31:18.287	+00:02:14.020	04:04 min/Km
6	6	404	BALSA ESTÉVEZ , JUAN	MALE	ABSOLUTA-M	TEAM CORBELO	00:31:38.357	+00:02:34.090	04:07 min/Km
7	7	437	SEOANE CARRILLO , CARLOS	MALE	ABSOLUTA-M		00:33:07.427	+00:04:03.160	04:19 min/Km
8	8	430	MARTÍNEZ SILVEIRA , LUIS CLODOMIRO	MALE	ABSOLUTA-M	CDM "VAL DO ULLA"	00:33:10.967	+00:04:06.700	04:19 min/Km
9	9	406	CABO SANCHE , ANTONIO	MALE	ABSOLUTA-M		00:34:38.857	+00:05:34.590	04:30 min/Km
10	10	425	LEIS MOURIÑO , OSCAR	MALE	ABSOLUTA-M		00:35:00.117	+00:05:55.850	04:33 min/Km
11	11	413	FIDALGO VILLAVARDE , MANUEL	MALE	ABSOLUTA-M		00:36:37.077	+00:07:32.810	04:46 min/Km
12	12	415	GARCÍA FERNÁNDEZ , LUIS ALBERTO	MALE	ABSOLUTA-M	INDEPENDIENTE	00:36:59.477	+00:07:55.210	04:49 min/Km
13	13	439	SUÁREZ GIADÁS , JAVIER	MALE	ABSOLUTA-M		00:37:03.997	+00:07:59.730	04:49 min/Km
14	14	432	MENDEZ FROJAN , XAIÑO	MALE	ABSOLUTA-M	SAR PETRONI	00:37:31.077	+00:08:26.810	04:53 min/Km
15	15	420	IGLESIAS FERNÁNDEZ , LUIS MIGUEL	MALE	ABSOLUTA-M	INDEPENDIENTE	00:38:10.707	+00:09:06.440	04:58 min/Km
16	16	427	LOZANO NUÑEZ , IAGO	MALE	ABSOLUTA-M	3&RUN BY PEDRO NIMO	00:39:23.537	+00:10:19.270	05:07 min/Km
17	17	429	MARTINEZ FERNANDEZ , RICARDO	MALE	ABSOLUTA-M	3&RUN BY PEDRO NIMO	00:39:23.737	+00:10:19.470	05:07 min/Km
18	18	405	BARREIRO LOPEZ , RAFA	MALE	ABSOLUTA-M		00:39:53.027	+00:10:48.760	05:11 min/Km
19	19	436	RODRIGUEZ FRAMIL , ALFONSO	MALE	ABSOLUTA-M		00:40:44.027	+00:11:39.760	05:18 min/Km
20	20	444	REDONDO , DANIEL	MALE	ABSOLUTA-M		00:40:51.977	+00:11:47.710	05:19 min/Km
21	21	443	IGLESIAS , CARLOS	MALE	ABSOLUTA-M		00:40:52.787	+00:11:48.520	05:19 min/Km
22	22	412	FEROS REY , FRANCISCO	MALE	ABSOLUTA-M	INDEPENDIENTE	00:41:13.107	+00:12:08.840	05:22 min/Km
23	1	419	GROBAS GARABOA , MARÍA JOSÉ	FEMALE	ABSOLUTA-F	ATLETISMO BOIMORTO	00:41:26.847	+00:12:22.580	05:23 min/Km
24	23	442	VILAR VAZQUEZ , JOSE FRANCISCO	MALE	ABSOLUTA-M		00:41:44.097	+00:12:39.830	05:26 min/Km
25	24	426	LIÑARES MARTINEZ , JOSE IGNACIO	MALE	ABSOLUTA-M	NOITEBRA FC	00:43:24.447	+00:14:20.180	05:39 min/Km

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26	25	403	ARIAS GARCIA , ALFONSO	MALE	ABSOLUTA-M	ATLETISMO FONTES DO SAR	00:44:05.577	+00:15:01.310	05:44 min/Km
27	2	433	MORENO FERNÁNDEZ , MARGA	FEMALE	ABSOLUTA-F	INDEPENDIENTE	00:44:06.697	+00:15:02.430	05:44 min/Km
28	3	408	CONDE SANCHEZ , ESTEFANIA	FEMALE	ABSOLUTA-F	INDEPENDIENTE	00:46:05.627	+00:17:01.360	05:60 min/Km
29	4	417	GÓMEZ GOMEZ , ROSA	FEMALE	ABSOLUTA-F		00:47:31.337	+00:18:27.070	06:11 min/Km
30	5	440	VEIGA BLANCO , MONTSE	FEMALE	ABSOLUTA-F	ATLETISMO FONTES DO SAR	00:48:29.607	+00:19:25.340	06:18 min/Km
31	6	421	IGLESIAS SIMEAO , LUCÍA	FEMALE	ABSOLUTA-F	AZERVAÑAN	00:49:58.787	+00:20:54.520	06:30 min/Km
32	1	416	GARCIA FERREIRO , CRISTINA	FEMALE	XUVENIL-F		00:50:35.607	+00:21:31.340	06:35 min/Km
33	7	441	VIGO LIÑARES , ANA	FEMALE	ABSOLUTA-F	ATLETISMO FONTES DO SAR	00:51:54.707	+00:22:50.440	06:45 min/Km
34	26	428	MARTINEZ CARRILLO , CARLOS	MALE	ABSOLUTA-M		00:54:24.857	+00:25:20.590	07:05 min/Km
35	27	410	ESTEVEZ EIRAS , RUBEN	MALE	ABSOLUTA-M	INDEPENDIENTE	00:59:22.447	+00:30:18.180	07:43 min/Km
36	8	424	LAREO PORRAL , VICTORIA	FEMALE	ABSOLUTA-F	INDEPENDIENTE	00:59:22.487	+00:30:18.220	07:43 min/Km